



give me
SHELTER

A Cocheco Valley

Publication

SPRING 2012 • VOLUME 2 • NUMBER 1

Responsible pet guardian

What does it mean?

Learning to respect and honor your furry companion

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Cocheco Valley Humane Society

262 County Farm Road • Dover, NH 03820

www.cvhsonline.org

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CVHS welcomes spring with new columns, pet care tips

Spring has sprung at CVHS! I can't believe how quickly flowers are coming up and kittens are arriving at the shelter. Along with celebrating the arrival of new life, I am delighted to have the opportunity to welcome some wonderful new teammates. In this spring edition of *Give Me Shelter*, we will be introducing new staff members who bring many years of experience in animal care and a passion for animal welfare that is truly inspiring.

I have also had the opportunity to talk about responsible pet ownership/guardianship and what that means. In essence, responsible pet ownership/guardianship is ensuring the health, happiness, and safety of the pet(s) in your care. Throughout this newsletter, we will explore different tips and ideas to help make your pet the happiest they can be. I encourage you to reach out to friends, family members, and animal care professionals to talk further about the topics we discuss here. Remember, our furry friends rely on us to be their advocates!

We are also very excited to be introducing two new sections to the newsletter: 'Dear Denzi', an animal advice column, and 'Employee Low-Down', which spotlights one of our dedicated staff members in a whole new way. 'Dear Denzi' is an interactive column and we encourage the community to send any animal care or behavior related questions for Denzi to answer at adminassist@cvhsonline.org with 'Dear Denzi Question' in the subject line. He'll provide sage advice from his perspective as a very knowledgeable office cat! He is also well versed in dogs, rabbits, hamsters, and other small animals.

As I close, I want to remind you to Adopt. Honor. Advocate. It is our job, as owners/guardians and animal lovers, to be a voice for the animals. Consider adoption when welcoming your next pet into your home, honor their life by being a responsible owner/guardian, and advocate on their behalf by educating those around you regarding animal welfare related topics. I hope you enjoy this edition of *Give Me Shelter* and the warm weather of summer!



Executive Director Loretta Allison and one of the shelter's puppies from the summer of 2011.

VETERINARY CORNER: Pets need dental care, too

Do your pets have bad breath? If they do, there's a good chance that it's due to dental disease. Of pets over age three, 75 percent have disease in their teeth and gums—this is called periodontal disease. (Source: Banfield Pet Hospitals State of Pet Health Report, 2011)

Without regular dental care, the bacteria in your pet's mouth can spread under the gums, causing gingivitis. You can spot gingivitis as red areas where the gums meet the tooth. If bacteria is not removed regularly it will lead to plaque formation. That's the fuzzy film you might feel on your mouth if you forget to brush your teeth. It appears as a yellowish film on the tooth surface. When plaque hardens, it becomes tartar—a rock-hard, brownish material that builds up over time.

Under all that plaque and tartar, bacteria gradually destroys the teeth and gums. Over time, bacteria invades



Sarah Proctor DVM

around the roots of your pet's teeth. This is the advanced stage of periodontal disease. At this point, the gums are very unhealthy and painful. The teeth may become loose and fall out. The bacteria around the teeth can enter the bloodstream and spread to other parts of the body. This can lead to problems in the heart, kidneys, and other organs. And, most noticeable to you, your pet is likely to have really bad breath!

We prevent periodontal disease in ourselves by brushing, flossing, and visiting the dentist. We can do some of these things for our pets, too. Dog and cat toothpaste comes in pet-friendly flavors like chicken. It doesn't foam

like human toothpaste, and it is safe to swallow. Training your pet to accept brushing is best done when they are young, but even an older pet can be trained to accept daily brushing. There are many chew toys and special foods made to help keep your pet's teeth clean, too. These work by mechanically scrubbing the plaque off your pets' teeth as they chew. Fortunately, dog and cat teeth are spaced wide apart, so we don't need to worry about flossing.

Before beginning any home dental care, you should visit your veterinarian for a full dental examination. If your pet's teeth have severe problems, it may be too late to start brushing. Your pet may require a full professional dental cleaning to remove heavy buildup of tartar, and to remove badly diseased and painful teeth. After that procedure is done, you can safely start home dental care like brushing.

At CVHS, any pet with severe dental disease will receive proper treatment by a veterinarian before being placed for adoption. If a pet is found to have early stages of dental disease (gingivitis, plaque, or small amounts of tartar) we will record this in their medical record. Adopters and their veterinarians can use these medical notes to help determine the best dental health plan for their new pet.

Dental disease in pets is preventable. I encourage all pet owners to discuss dental care with their veterinarian. A pet with a healthy mouth is free of pain, eats well, and may even live longer.

For a video on how to start brushing your cat's teeth, check out this video at <http://partnersah.vet.cornell.edu/pet/cats>, produced by the Cornell Feline Health Center.

The steps shown also work for dogs. Happy brushing!



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VOLUNTEER SPOTLIGHT: Viv Laney receives special award

Each year, a CVHS volunteer is presented with the Best Friend Award at the Annual Creature Comforts Dessert Tasting and Silent Auction. Created in 2008, the Best Friend Award recognizes a member of the volunteer program who goes above and beyond in their dedication to the animals. This year's recipient, Vivian Laney, has been a volunteer at CVHS since 2010. Viv's first experience volunteering at CVHS was as part of the United Way of the Greater Seacoast's Day of Caring when she helped plant flowers in the shelter courtyard. Shortly after that, she joined the CVHS volunteer program and began regularly assisting the staff members with the morning cleaning in the cat adoption rooms. As a volunteer, Viv not only cleaned cat cages, but helped at special events, as well.

While volunteering, Viv noticed a great



Alaina Goodnough
Volunteer Coordinator

need for cat mats that would fit the unique size of the cat cages. Taking it upon herself to create these mats, Viv began sewing special beds for each of the cats at the shelter. Towel on one side and fleece on the other, the mats fit the bottoms of the cat cages perfectly and provide each cat with a soft and comfortable surface to lie on. Designed in bright colors and patterns, the mats also provide a more vivid background on which to see the cats.

As of March 2012, Viv has created 376 cat mats and has recruited her

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PHOTO/JOHN CAFASSO

Volunteer Coordinator Alaina Goodnough presents Viv Laney with the Best Friend Award at this year's 15th Annual Creature Comforts Dessert Tasting and Silent Auction



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DEARDENZI

give me shelter - spring 2012

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Cat struggles with dog issue

Nervous kitty worries when family discusses declawing

Dear Denzi: I heard my family talking about getting me declawed because I have been scratching the couch. Are there options other than declawing me? — From Nervous in Newton.

Dear Nervous: Yes, there are other options. First, your owners should get your nails trimmed about once a month. They can get you something that you can scratch from a pet supply store. I, myself, have an inexpensive scratcher that is made of corrugated cardboard. I love it when the staff members sprinkle catnip on it to get me scratching. It always works for me!

They also gave me a scratching post which is made of something they call sisal rope, whatever that is. I like it anyway, no matter what it's called, and it is one of my favorite things here at the shelter. Recently, I took a general poll among the cats here and the majority claimed it was their favorite as well—smart cats, here at CVHS.

There is even a local woodworker in New Hampshire that makes long-

lasting sisal rope scratchers. Here is the website I found: www.arubacat.com.

Finally, if nothing else works, there is a product the staff told me about called Soft Paws. This product is glued over the toenail and eventually wears off. They are easy to put on and replace, and they come in many cool colors. Visit www.softpaws.com for more information.

•••••

Cat has concerns regarding his family getting a dog

Dear Denzi: I am a cat and my family wants to get a dog. I am not so sure about it though. What can they do to help me adjust to the new dog? —From Concerned About Dogs

Dear Concerned: When the new dog comes home, he should be supervised on a leash when you first greet each other. He should never be allowed the opportunity to chase you.

While dogs don't bother me so much, it is very important that you have a safe place where you can go when the dog is around. Somewhere high and

See DENZI, Page XX

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Volunteer receives special award for dedication

SPOTLIGHT, from Page 4

friends to help make even more. CVHS is truly grateful for Viv's dedication and compassion.

Thank you, Viv, for being a true best friend to all the staff and animals at CVHS!

CVHS would not be able to care for more than 2,300 animals each year if it were not for the support of volunteers. In 2011, more than 400 people donated their time to help the homeless animals of Strafford County, NH and Southern Maine. Volunteers help with everything from direct animal care and special events to foster care and a weekly Bingo game. Thank you to all our volunteers who are helping make a difference in the lives of the shelter animals! We are truly grateful for your passion and commitment to the animals.

If you are interested in learning more about volunteering at Cocheco Valley Humane Society, visit the volunteer section of our website, cvhsonline.org, or contact

the Volunteer Coordinator at 603-749-5322 ext. 111 or volunteerc@cvhsonline.org.

Humane Education:

At CVHS, educating the community about animal welfare is one of our top priorities. We are proud to offer educational programs to area schools, clubs, organizations, and businesses at no cost. Whether you want to learn more about pet safety, adoption, volunteering, animal welfare, or some of Cocheco Valley's many community programs, we are able to tailor a presentation to meet your group's needs.

The humane education program is made possible thanks to the hard work of our volunteers. If you are interested in learning more about becoming a humane educator, or would like information about inviting a humane educator to give a presentation to your group, please contact the Volunteer Coordinator at 603-749-5322 ext.111 or volunteerc@cvhsonline.org.

CVHS welcomes eight new employees

Lisa Forbes, Manager of Shelter Operations

Lisa Forbes joined the Cocheco Valley Humane Society team in January 2012, bringing with her more than 15 years of animal welfare experience.



Lisa began her career in the animal care field by working at a pet supply store. It was there she quickly realized her love for animals. Leading seminars such as "How to Choose the Right Pet" and "What to Expect When Bringing Your New Pet Home" soon followed. She also began providing in-home training classes for clients.

Lisa took her passion for animal welfare to the MSPCA (Massachusetts Society for the Prevention of Cruelty to Animals at Nevins Farm), accepting a position as an animal care technician/adoption counselor before moving on to the Monadnock Humane Society as an adoption counselor and veterinary technician.

Lisa was then asked to help spearhead one of the biggest challenges of her career by joining a team of dedicated staff committed to reorganizing the Lowell Humane Society. As the shelter manager, Lisa oversaw all aspects of animal care, adoptions, and shelter operations. "While it was one of the largest undertakings of my life, it was all worth it,

and so exciting to see the organization thrive after," said Forbes.

"I feel blessed to be part of this wonderful team, it's a great feeling!" She said, "I'm looking forward to making a difference in the lives of the animals at CVHS every day."

When Lisa isn't at the shelter, she spends time with her husband and her adopted animals: two dogs and four cats. In addition to her own pets, Lisa opens her home as a foster parent to animals in need.

Kate Koval, Animal Care Manager

Kate joined Cocheco Valley Humane Society in February 2012 from the Milton Police Department. She originally hales from



northeast Ohio and came to New Hampshire via UNH in 2004, earning a degree in family studies. After graduation, she took a job at MSPCA (Massachusetts Society for the Prevention of Cruelty to Animals) in Boston, MA. It was there that her passion for shelter work and helping animals began. Since her time with MSPCA, she has worked at two other animal shelters, holding the positions of canine supervisor and assistant manager, respectively.

Kate was also a police officer before she came to CVHS, and her passion

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EMPLOYEE LOW-DOWN • Kris Halsey, Adoption Counselor

Since 2007, Kristine Halsey, has been an adoption counselor with Cocheo Valley Humane Society. She lives in Rochester with her husband, Brian, four children, Abyssa, Lexi, Derek, and Kelsey; and their four dogs and five cats.

Do you have a nickname?

My full name is Kristine. It is only at the shelter that they call me Kris. My family calls me Krissy.

What makes you really happy?

At the end of the day if I can go to bed and know I did my best and was kind to everyone, then I feel happy—I am a simple soul.

Which words or phrases do you most overuse?

As a mother of four children I tend to say “I’m going to count to three,” probably too much. (And nothing really happens when I get to three!)

What was on your mind on the way to work this morning?

American Idol! I love Colton.

How did you get started at CVHS?

I started as a volunteer in 2007 and really liked the shelter environment so much that I became a part-time weekend employee. Recently, I became full-time—I love it.

What do you like most about working here?

Of course the animals I enjoy! But I also enjoy helping the people who come here looking for help with their animals. It makes me feel good to be able to be there for people when they are experiencing tough times.

How has working here changed your point of view?

Before I worked here I thought that people who brought their animals to be surrendered didn’t really care enough about them. Now, I believe that the majority of people surrendering are putting their animal’s needs before their own. They would love to keep these animals, life just throws curve-balls sometimes and it’s not possible. Bringing their animals here takes more love sometimes than keeping them.

Name one funny thing that has happened while working here at the shelter?

My husband called and asked to speak to me. He asked for “Krissy,” and the staff told him nobody worked here by that name. He had some questions for me when I got home!

Name one of your favorite shelter moments...

It’s always fun when Luke (a fellow employee) wears dog clothing, or when Courtney (another CVHS employee) makes her own isolation gowns. And the time when Jess dove into the dumpster and ripped her pants and patched the hole with duct tape.

Has any animal left a lasting imprint on you and why?

A dog that I fostered named Stoli. This dog was terribly mistreated by humans, yet was so sweet and gentle the entire time she was with me. Her injuries were too much for her, however, and she lost her

battle, but it was amazing how, though humans had done her wrong, she still loved and trusted the people around her until the end. There was also Helen, a Boston terrier that left a lasting impression on me. She came in with very severe glaucoma, so bad that our vet had to remove both her eyes. It only took about two to three days for this little 10-year-old girl to adjust to her new life without sight. It was amazing! Much faster than people would be able to do it, I bet!

What worries you?

I worry that I will never be successful at dieting!

What talent would you most like to have?

I would love to be able to figure skate—preferably in the Olympics!

What was the last movie you saw in the theater?

We Bought A Zoo (a Twentieth-Century Fox movie starring Matt Damon)—I would love to buy a zoo too!



Adoption Counselor, Kris Halsey, with Gabby, a recently adopted dog from the shelter

What are your favorite shelter animal names, past or present?

Doodlebobber and Noodle

What’s your biggest pet peeve?

Both here and at home: put a trash bag in the can after you take the old one out!

If you could come back as an animal, which animal would that be?

A senior dog; they have been

there, done that. They are not afraid of much anymore and just want to relax and enjoy their people.

What’s the first thing you’re going to do when you get home today?

Let the dogs out—all four!

Look for another Employee Low-Down in the next edition of Give Me Shelter.

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CVHSEVENTS

15th Annual Creature Comforts Dessert Tasting & Silent Auction

ELIOT, ME—On the eighteenth of March, Cocheco Valley Humane Society held their annual dessert tasting and silent auction. A signature event for CVHS, this year's fundraiser raised more than \$27,000 for the animals, a portion of which goes to the shelter's Champion's Fund.

CVHS' Champion's Fund was started in 2007 when a happy, healthy German Shepherd-mix came into our shelter with a deformed right leg. His leg had been broken at some point in his life, but was never repaired.

Through the generosity of the community, Champion's costly surgery was a success. Today he enjoys long walks with his forever family. In 2010, Champion's Fund covered the cost of surgical and medical procedures for 43 shelter animals, giving them a second chance at life.

The day of the event was warm and sunny as guests arrived to register and sample the fine desserts. This year there were quite a few fun



Photo/John Cafasso

Host, announcer, and auctioneer, Mark Erickson of WOKQ's morning show kept the crowd entertained throughout the event. He even sported a small blue feather in his hair.

options for them to sample, as well. Marga Coulp, owner of Classic Cutters and a CVHS board member, put feathers in guests' hair for a small donation. An expanded retail section also included Natural Bark selling their homemade dog treats and a CVHS booth with animal-friendly items to purchase. We would like to thank Classic Cutters and Natural Bark for donating to this event and for being a positive and friendly spot for the guests to peruse.

A huge thank you goes to Mark Ericson and Karen Kiley of WOKQ's morning show for hosting this event and looking so dashing with feathers in their hair. We truly appreciate all of the time WOKQ gives to help the animals.

CVHS would also like to thank the many generous sponsors of this event—we had more sponsors this year than any other! Thank you to: Seacoast Dream Dentistry; Black Dog Car Wash; Dr. Louis F. Clarizio DMD PA; The Cat Doctor of Dover; Classic Cutters; Touch My Soul Pet Services; Cricket's Happy Tails Pet Services; Charter Oak Management; Patti Blanchette Professional

See DESSERT TASTING, Page 9

DEARDENZI *continued*

DENZI, from Page 5

out-of-reach would be perfect, that way you can observe the new family member from above and see what he is all about.

If your family goes out, the new dog should be in a crate, at least until everyone is sure the two of you will be okay alone. It may take some time, but dogs can be lots of fun, so keep trying. Most of us will do just fine after a while or you'll learn to ignore each other.

Good luck! I hope you and the dog learn to love one another.



Worried cat wonders about the great outdoors

Dear Denzi: My family thinks I should be an outside cat. I know that I am safer living in my home, so what can my family do for me so I don't miss the wonders outside my window? —Worried Kitty

Dear Worried: You're right, a cat is safer in the home and, from what my shelter friends tell me, can live six to seven years longer. I am an indoor cat, living in an area that equates to a small home. I have lots of windows to look out of and many places to sleep. I am quite content with this arrangement.

Outside, there are many scary factors to deal with, such as traffic (cars can be very scary) and wild animals, who actually might think we cats are dinner. I don't mean to frighten you, but that is

the reality of being outside—you have to be a savvy cat. Another issue is that many cats who go outside may end up in shelters where their families can't find them. This can be very sad for you and your family.

A few things your family can do to bring the outside in is to put up a window perch so you can watch the birds and other critters at the feeders. There's a lot of entertainment to watch out of window. It's like TV for cats!

We cats also like to live and play in groups, so getting another cat might be a great option. Of course, play time with your family is also very important.

If your family is going to let you outside, please ask them to make sure that you are spayed (neutered, if you're a boy cat), microchipped, and up-to-date on all of your shots. These three things are very, very important for an outdoor kitty.

Good luck with either option.



If you have stopped by the administrative offices at Cocheco Valley Humane Society, chances are you have met Denzi. He is a handsome flame point Siamese cat who calls our offices home. Dear Denzi is his first foray into the world of journalism. If you have a pet that has pressing questions for our resident feline guru, please send them to adminassist@cvhsonline.org. Please put Dear Denzi Question in the subject line of your e-mail.

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Date set for CVHS' Parade Your Pooch

Cochecho Valley Humane Society is excited to announce the date for this year's Parade Your Pooch dog walk. This year's event will be held on October 7, 2012, at DeMeritt Hill Farm in Lee, NH.

Last year's event brought beautiful fall weather and more than

250 walkers and their dogs to the fantastic trails at the quaint, NH farm. Guests also enjoyed apple picking, a craft fair, and a preview of the 2011 Haunted Overload Day Haunt. Mark Ericson and Karen Kiley of WOKQ's

morning show emceed the event and the Canine Capers doggie contests: best kiss, musical sit, best costume, and best trick. The walk itself raised more than \$19,000 for the animals.

This year, we're hoping for more pups and their people to come to enjoy the crisp weather and other ameni-

ties the walk and farm have to offer. Haunted Overload is looking forward to a bigger and better 2012 scaring season. We can't wait for October!

Mark your calendars for October 7 and well see you all on the farm!

**Sign up now!
See Registration
Form on Page 19**

Annual CVHS Dessert Tasting and Silent Auction a success

DESSERT TASTING, from Page 8

Association; and Eastern Propane & Oil.

We would like to thank the many local artisan bakeries that showcased their desserts in fashionable displays. CVHS would like to thank each and every exhibitor—many thanks go to: Annabelle's Ice Cream; Café Ciabatta; Confection Art; Fiddlehead Farms Marketplace; Jim Copeland; Little B's Cupcakes; Madeline's Truly Organic Kitchen; MLC Catering; Pampered Chef – Belinda Renaud; Redlund's Chocolate Fountain; The Regatta Room; Sandy's Dandies; Stonehouse Baking Company; Strafford Farms Restaurant; and Weathervane Seafood Restaurant.

Last, but not least, we want to send warm thanks to the many volunteers and donors, without whom we could not have created such a full and exciting event. It was through your hard work and donations that this event a great success. We are humbly grateful to you all.

CVHS is already looking forward to next year's event and collaborating with all of the wonderful, generous vendors, donors, bakers and chefs, volunteers and staff. It is with the help of you, the community, that we are able to take such good care of the animals.

CVHS welcomes eight new staff members

EMPLOYEES, from Page 6

for law enforcement while helping animals was ignited. She eventually plans to pursue a career as a humane investigator. She is excited to be a part of the CVHS team and looks forward to working with the Strafford County community.

Currently, she resides in Milton with her boyfriend and their two dogs.

Tracie Winslow, Medical Manager

CVHS is excited to welcome Tracie Winslow to the management staff. Tracie joins us with more than 16 years of shelter medical experience. She has managed a multi-doctor veterinary hospital and also focused her career on emergency/critical care. These skills, combined with her extensive education, make her the perfect fit here at the shelter.

Her responsibilities at CVHS will include all aspects of medical care to the animals, such as emergency assessments and animal wellbeing. Tracie is looking forward to being a part of CVHS and working in the shelter environment as she feels she can be a voice for those who cannot speak.

Tracie is the proud owner of three horses, four dogs, four cats, and a hairless rat. In her spare time, she enjoys showing her horses and spending quality time with her four-legged children, especially Quilly, her rescue dog. Quilly is a shelter mascot following in Tracie's footsteps as a spokes dog for those who lack a voice of their own.

CVHS also welcomes five new staff members

TASHA DOOLEY—Tasha is currently enrolled in the Veterinary Technician program now offered by the Thompson School of Applied Science at UNH. She is happy to be a new member of the CVHS team. Tasha brings a passion for working with dogs and finding forever homes for the animals at the shelter. She grew up in northeast Ohio and just recently settled down in New Hampshire with her husband and 4-year-old son.

NICOLE ENDYKE—Nicky, as she likes to be called, began her career with CVHS as a volunteer in order to be around dogs more often. When she was younger, she had a fear of dogs, which she overcame. This left her with a desire to pay it forward, rehabilitating dogs as they had done to her. In her spare time, Nicky likes to dance hip-hop often traveling around New England to teach and train. She has a younger sister and lives in Berwick, ME. She is thrilled to be working at Cochecho Valley Humane Society.

ASHLEY GAREN—Ashley began her association with CVHS as a volunteer. She helped train other volunteers, and under the supervision of the volunteer coordinator, Alaina Goodnough, worked on special events and fundraising. In March, she was hired as an animal care technician and is finding the position to be very

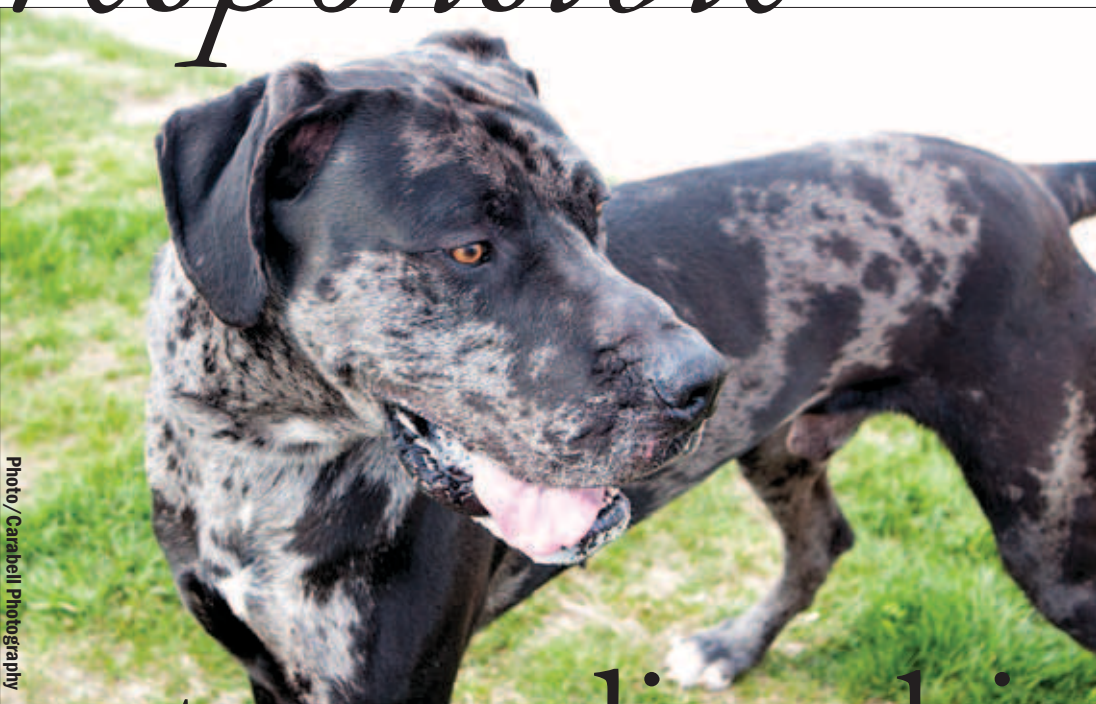
exciting. She enjoys the hands-on experience of working with animals. Ashley resides in Dover with her husband, their two children, and a dog named Chunk.

NATHAN LANGILLE—Nate came to the shelter because of his love of animals and his desire to work with them. Nate has a BS in forestry from UNH with a focus in wildlife management. He has traveled to the Yucatan doing rainforest and wildlife research for the Smithsonian Institute in Washington, DC

He owns a small woodworking business in which he builds furniture, jewelry, and other woodcraft. Nate is planning to move to the Seacoast area soon from Wilton, NH. Nate's family includes his girlfriend, four snakes, a colony of geckos, an axolotl (Mexican salamander), and a dog. He is very happy to be working with animals at CVHS.

DANIELLE LIBMAN—Danielle hales from Pelham, NH, but currently lives in Durham. She is in her junior year at UNH earning a major in Zoology. She also plans to take courses to get her degree as a Veterinary Technician. Previously, she volunteered at MSPCA (Massachusetts Society for the Prevention of Cruelty to Animals) and at CVHS. Recently, she had the opportunity to intern at the Franklin Park Zoo in Boston. She is excited to be working here at CVHS. When home, Danielle spends time with her chocolate Lab, Savannah.

responsible



Photo/Carahell Photography

pet guardianship *what does it mean?*

AT Cocheco Valley Humane Society, our goal is to inform and educate the community about responsible pet guardianship. We use the term pet ‘guardianship’ to show that animals are unique members of the family, not owned property. Surrounding this story are sidebars with quick information on how to keep your pet healthy, happy, and safe at any time of year. We welcome you to reach out to CVHS with any questions that may not be covered here.

Being a responsible pet guardian means going beyond the basics of providing your pet with water, food, and shelter. There are many factors that need to be taken into consideration when considering the addition of a pet to your family. In fact, being a responsible guardian begins before you even bring your pet home. If you are thinking of adopting a pet, spend some time thinking

about your lifestyle and what type of animal would fit you best. Are you quiet person looking for a fellow couch potato, or are you an active person looking for a hiking companion? Will you be home all day to potty train the new puppy? Bringing an animal into your home that does not match your lifestyle can lead to behavior issues and a lot of stress. Being honest and realistic about your lifestyle and what you’re looking for in a pet will help you find the perfect match for your family

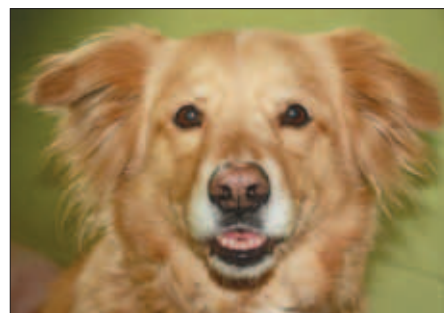
Another important factor to consider before bringing home a new pet is commitment. When

welcoming a new pet into your home, you are making a significant commitment to provide for that animal for its entire life. Once the ‘newness’ of bringing a new pet home wears off, many individuals, especially children, lose their interest in providing for the daily care of their pet. Commitment also involves

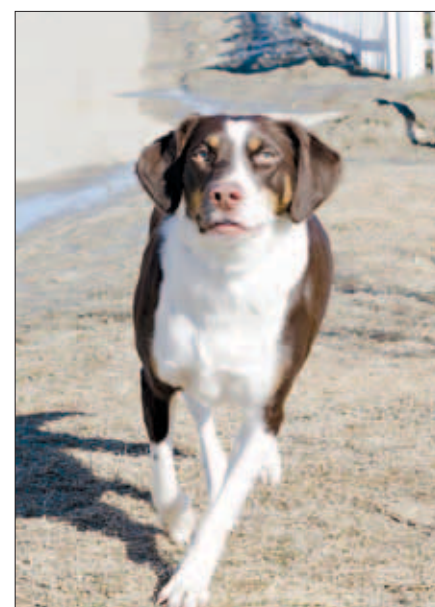
**Story by Lisa M. Bradbury,
Alaina Goodnough
& Kate Koval**



Photo/Lisa Forbes



Photo/Lisa Forbes



properly training and socializing your pet. Well behaved dogs don’t happen by accident—it takes a commitment of time and work by every person in the home in order to raise a well-behaved,

happy animal.

Remember that all animals adjust to their new surrounding at different rates. A new home can be overwhelming for some animals, so introducing them to a few rooms at a time may

give them the time they need to adjust. It may take an animal up to six months to feel at home in a new setting, so patience is a must for any pet guardian. If any questions or concerns arise during the adjustment period, do not hesitate to contact the shelter, rescue, or breeder where your pet came from—they should be more than

willing to assist in helping your new pet at home!

Once your family has committed to a new pet, responsible pet guardianship involves spaying or neutering your animals and providing it with consistent vet care. It is very important to keep your pets up-to-date on their vaccinations and to provide them with annual check-ups. Dogs should also be on a monthly heartworm preventative. Accidents, unfortunately, do happen, so having money set aside for any unexpected vet expenses is always a good idea. Remember that the average cost of a keeping a dog or cat can run upwards of \$3,000 per year, so being financially prepared for your pet is a must.

If you own a dog, local ordinances usually require your pet to be registered with your city or town. In addition to a collar, registering your dog is another means of identifying your pet if he or she is ever lost. Microchipping your dog or cat is an affordable and permanent form of identification that will

Straight to the point—the benefits of spaying and neutering

By Kate Koval, CVHS Animal Care Manager
acmanager@cvhsonline.org

Whether it's allowing your 90-pound dog on the sofa or buying your cat the most expensive cat food, spoiling your pet also means providing great health care.

One aspect of animal health that can be overlooked is the importance of spaying and neutering. Spaying, removal of the ovaries and uterus of a female, and neutering, removal of the testicles of a male, are veterinary procedures that require a limited hospital stay but offer lifelong benefits to the health and wellbeing of your pet. Spaying and neutering should be as much a part of caring for an animal as checking for heartworm every year.

Spayed or neutered dogs and cats tend to stay closer to home. Spaying your female animal will also keep her out of heat. While cycles vary, female cats usually go into heat for four or five days every three weeks during breeding season. They often yowl and urinate more frequently as they try to attract a male. Not only is this unpleasant, the animal may not use its litter box. A neutered male usually won't roam away from home. An intact

male, however, will do just about anything to get to a female, including digging under fences and breaking windows to escape. All of this behavior not only leads to unwanted litters, but it puts your animal in danger of fighting with other males, traffic, and other man-made hazards.

Need more convincing? Spaying or neutering your companion improves their overall health. Spaying helps to prevent uterine infections and mammary cancer in nearly 50 percent of dogs and 90 percent of cats, especially if it's done before their first heat. Neutering not only helps prevent unwanted litters, but can also prevent testicular cancer if done before 6-months of age.

A 'fixed' pet will be much better behaved and may show increased affection for their human guardians. Also, aggression in males can be avoided with early neutering. Plus, contrary to popular belief, it will not make your pet fat. Lack of exercise and overfeeding are the ingredients contributing to animal obesity, not spaying or neutering.

Fixing your pet is cost effective since altering your cat or dog is a lot less expensive than caring for an unexpected and unwanted litter. Plus, there are many low-cost spay and neuter

clinics that can assist you financially.

Each year, there are countless unwanted animals with or without their litters that end up in local animal facilities, often facing euthanasia in shelters with limited room or resources. They may even end up as strays, roaming neighborhoods. Without proper medical treatments not only are they increasing the homeless pet population, they are spreading deadly diseases. To help prevent the growing stray population; to keep your animal safe and healthy; to keep him from roaming away from home; or to prevent her from soiling outside the litter box (a common reason why some cats are 'dropped' off at a shelter)—spay or neuter your pet.

For information on low-cost clinics in your area, visit our website at www.cvhsonline.org. Another resource when searching for low-cost spaying and neutering is nhpetsonline.com. This website offers helpful information and resources on being a responsible pet guardian, including area spay-neuter clinics. Recently, CVHS partnered with the Rozzie May Animal Alliance, which provides low-cost spaying and neutering in their mobile Fix It wagon. Please visit their website at www.rozziemay.org for information.

Those long summer days are arriving, be prepared with your pet

The warm weather is here and it's time to make plans for outdoor fun in the sun with our pets. But hot weather also brings danger to animals. Here are a few tips to keep in mind when spending the long, sunny days outside with your pet.

VISIT THE VET. An early spring or summer visit to your veterinarian for a check-up is a must. Your pets should be tested for heartworm and be placed on a preventive medicine. You should also put your pet on flea and tick preventive. You can ask your vet what he/she would recommend. (See sidebar on Page 9: The Killer Bite)

PROVIDE SHADE. Pets can get dehydrated quickly; make sure, if they are outside for long periods of time, that they have plenty of water and a shady place to block direct sunlight. In extremely hot weather, be careful not to over-exercise them; in fact, it's a better

idea to keep them inside.

LEARN THE WARNING SIGNS.

Symptoms of overheating include: excessive panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, stupor, and/or even collapse. Symptoms can also include seizures, bloody diarrhea, and vomit along with an elevated body temperature of over 104 degrees. [Citation, Dr. Lila Miller, ASPCA Vice President of Veterinary Outreach] Some breeds of dogs and cats are more susceptible to heat stroke, such as those with flat faces like pugs and Persian cats, they are unable to pant effectively. These pets, along with elderly, overweight, and those with heart and lung disease, should be kept in cool, air-conditioned (if possible) rooms.

NO PARKING. Never leave your animal alone in a parked vehicle. Period. A parked car can become like a furnace very quickly, even

with the windows open. Warning: it is illegal in NH to leave an animal unattended in car in extremely hot weather.

SPLASHING AND PADDLING. Pets should not be left unattended around a pool as not all dogs are good swimmers. It's a good idea make sure your pet wears a floatation device, especially when on a boat. Dogs should be rinsed off after swimming in a chlorinated pool or in the ocean. Do not let your pet drink from a pool—many contain chlorine and other chemicals.

SCREEN SAFE. Make sure your upper level screens are secure. A fall from an upper level home or apartment could severely injure your pet if they fall out of it. All screens should fit tightly.

SUMMER SKIN. For some dogs, a short haircut can help to keep them cooler and can prevent overheating. However, never shave to the skin as the animals still

needs protection from the sun. Brushing cats can help to prevent problems due to excessive heat. Any sunscreen or insect repellent you use on your animals must be specifically labeled for pet use.

STREET SMART. As the temperature rises, make sure you don't let your dog linger on hot asphalt as sensitive paws may burn, and, being close to the ground, the animal can heat up quickly. Keep street walking to a minimum in the summer heat.

AVOID CHEMICALS. Common flea and tick products, rodenticides, and lawn and garden insecticides can be harmful to cats and dogs if ingested – keep them out of reach. Stay clear of areas that you know have been sprayed with insecticide or other chemicals. Keep citronella candles, oil products, and insect coils out of pets' reach. For information on chemical guidelines, contact your

veterinarian or the ASPCA Animal Poison Control Center at (888) 426-4435.

PARTYING LIKE AN ANIMAL. If you attend summer parties with your canine companion, remember that food or drink offered to humans may be poisonous to pets and may cause severe digestive ailments in dogs and cats. Alcoholic beverages can cause intoxication, depression, and comas. Avoid raisins, grapes, onions, chocolate, and products with the sweetener xylitol.

FIREWORKS. Leave pets at home when you head out to Fourth of July celebrations and never use fireworks around your pets. In curious pets, fireworks can cause severe burns or trauma, and even unused fireworks are a danger. Many fireworks contain chemicals such as potassium nitrate, copper, chlorates, arsenic, and other heavy metals, which are very toxic substances.

The killer bite



Heartworm disease and your pet

Mosquito season is coming, time to have your pets tested and put on a heartworm preventative if they are not on one already.

Heartworm disease is transmitted to dogs and cats via an infected mosquito. This disease has been found in all 50 states and is a serious, potentially fatal condition. A dog that is not on monthly medicine is at high risk of getting bit by an infected mosquito.

Typically, close to 100 percent of untreated dogs become infected with heartworm disease. That's a very high risk to take with your pet, especially as the disease is easily prevented.

The disease is caused by parasites that make their way into the bloodstream from the wound of an infected mosquito bite—the mosquito having gotten the infection from biting another animal already infected. It takes more than 6-months for the mature worms to develop and, in dogs, worms may live for up to 7 years. Worms grow up to 14-inches long in length and live, not only in your pet's heart, but the lungs and arteries as well. The disease can have no symptoms showing in the animal, which is why it is a good thing to have your pet tested every year and put on a preventative. Your veterinarian can test your dog for heartworm disease with a simple blood test to detect if your dog is negative or positive. Although heartworm treatment is available for positive dogs, it can be a costly and complicated treatment.

Prevention is highly effective when administered properly. Preventatives can be purchased at a veterinary office and are usually a low monthly expense. Many come in the form of a chewable tablet that is a tasty treat for your dog and very easy to administer. There are also topical products that work effectively as well. Both types of preventative may also have an additive that protects your dog from some forms of intestinal parasites.

Giving your companion a monthly preventative is one of the most important things you can do to help ensure a long healthy life for your pet.

For information on heartworm disease, visit the website: www.heartwormsociety.org.

When disaster strikes, be sure to have a plan for your pet

You don't want it to happen, but sometimes you have to leave your home when a severe storm or other natural occurrence happens. It's a good idea to have an emergency plan for you, your family, and your pets. Other measures may need to be examined should a disaster occur, especially for your animals, as not all emergency shelters accept pets. An alternative place to go should be set up ahead of time. Below are a few ideas for what to do:

- ▶ Your local vet can give you a list of preferred boarding kennels and facilities
 - ▶ Ask your local animal shelter if they provide emergency shelter or foster care for pets
 - ▶ Identify hotels outside of your immediate area that accept pets
 - ▶ Ask friends and relatives outside of your immediate area if they would be prepared to take your pet on a temporary basis
 - ▶ Just as you would for your family, keep an Evac-Pack ready for your pet and make sure everyone in the family knows where it is.
- Items to include:

- ↳ Your vet's number
- ↳ Pet first-aid kit and guide book
- ↳ Three to seven days worth of canned (pop-top) or dry food (be sure to refresh food every two months)
- ↳ Disposable litter trays
- ↳ Litter or paper toweling
- ↳ Liquid soap and disinfectant
- ↳ Disposable garbage bags for clean-up
- ↳ Dishes
- ↳ Extra collar or harness and leash
- ↳ Photocopies of medical records in a waterproof container with a two-week supply of any medicine your pet requires – remember: food and medicines need to be replaced out of your emergency kit every two months to avoid spoiling.
- ↳ Bottled water, at least seven days worth for every person and pet. These should be stored in a cool, dry place and replaced every two months.
- ↳ A traveling bag, crate, or sturdy carrier, ideally one for each pet
- ↳ Flashlight(s)
- ↳ Blankets



- ↳ Recent photos of your pets (in case you get separated and need to make 'lost' posters.
- ▶ Choose designated caregivers for your animals. Take some time to think about this and consider someone who lives close to your residence. He or she should be someone who is generally home during the day or has easy access to your home. This individual should have a key to your home and be comfortable with your pets. Discuss expectations at length in order for you and the person you choose to know what each other want from being a temporary caregiver.
- ▶ If an evacuation is necessary, plan for the worst-case scenario. Assume that you may not be able to return to your home for several weeks. To prepare for an evacuation:
 - ↳ Make sure your pets wear their collars and tags with up-to-date information. Your pet's ID should include the pet's name, your telephone number, and any urgent medical needs. Be sure to write your pet's name, your name, and your contact information on your pet's carrier.
 - ↳ ASPCA recommends you have your pet microchipped as a more permanent form of ID.
 - ↳ Always bring pets indoors at the first sign or warning of a storm or disaster. Pets can easily become disoriented and wander away from home during a bad storm or crisis.

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Joanne Merrill

Anna
Eugene King

Churchill
Dave and Kristen Stout

In Honor of a Person or a Pet

Annie
Eileen Connolly

Bear
Laura Games

Joanne Bernard
Stephen and Jennie Bernard

Billy & Sadie
Chelsea Gray

Bobcat
Jaclyn Adams

Bouy
Amy Michaud

Owen Brackett
Stephen and Elaine Brackett

Brady
Richard and Ericka Pine

Brady Boy
Pamela Shaw

Ruth Briggs
Lorette Weeks
James and Kate Buchan
Maureen Buchan

Buddy

John Boyle

Buttercup
Diane Gomes

John and Cindy Cafasso
Robin and Janice Goldsmith

Pamela Campbell
Kip Howland

Sam Carbone
Linda Carbone-Masi

The Cat Doctor of Dover
Jean Cabaup

Shawn Cerullo
Carol Cauley

Chad
Maryann Gallo

Diana Chasse
John Chasse

Chee-Chee
Arthur and Odile Beauchesne

The Cheever Family
Donald Poore

Robert and Rosemary Cheever
Donald Poore

Chip
William and Robina Akin

Chloe
Patricia Whitney
Dana Doucet
Kevin and Janet Smith

Chloe & Smudge
Carol Morgan

Cinnamon
Robin Berry

Coconut
Donna Green

Eva Colbath
Jane Colbath

Mark and Patricia Collins
Craig and Barbara Castleman

Mike Collins
Katherine Collins

Cooper & Simon
Daniel and Dawn Daley

Cosmp
Arthur and Julie Raymond

Marga Coulp
Tina Marconi
Paula Tarta

Mekeel Cragin

Rebecca Petee

Cupcake
Betty Roy

Eve Deforge
Scott and Renee Dodge

David and Karen Della Penta
Jeffrey Adams
Michael Cebula
Joan Gagalis
Fiorentino Group Architects
Lesla Borninski
Jeffrey Olsen
Elizabeth Bartolini
Tracy Sherrill
Diane Bloomer
John and Mary Linda Bent
FYC Systems
Brett Wilson
Tally Hoe
Bauer Mortgage Group
Maurice and Virginia Dichard
Lorraine Wheeler
David and Dianne Ness

Paula DeSaulnier & Vern Gardner
Carol Macomber

Doug, Janice, Staci, & Chris
David and Adele Schweizer

Richard Dowst
Daniel and Bonnie Heisey

Eddie
Mary Knight

Charlie and Heather Edwards
David and Adele Schweizer

Pam Edwards
Britt Schuman

Emily
Sarah Batterson

Emmelio
Frederick and Dorothy Argereow

Richard Farnsworth
Joseph and Tracy Ritzo

Peter Fenerty
Jean Fenerty

Lindsey Fong
Thomas Langley

Patricia Foss
Michael and Kerry Roether

Fozzie
Karen Seeman

Fuzz
John A. Hill

Mark Gagnon
Veronica Gagnon

Bette Garrett
Lisa Parker

Kathy Gearre
Richard and Elizabeth Haley

Alli Gebhardt
David and Nancy Gebhardt

Ginger
Debra Albertelli

Goodboy
Arthur and Jo-Anne Stukas

Goomba
Sandra Favara

Gracie
Lorraine Haggenmiller

Stephen Hamway
Susan Rizkalla

Janet Hand
The employees at
Profile Bank, Rochester

Hannah
Richard Gagne
Richard and Marion Miller

Colleen Heath
Janet Rosequist

Heidi & Hansel
Charles and Adelia Drake

Hector
Deborah Soule

Walt and Carolyn Hempel
David and Adele Schweizer

Corey Hill
Jeanne Pounder

Cindy Hoisington
Mary Hoisington
Paul Hoisington

Dan and Pam Hubbard
Kathleen Bennett
Bruce and Anne Smith

Hughie
Joanne Chisholm

Bob Humphreys
Lillian Meier

Dee Hunt
Marjorie Collins

Indy
Ed and Joanne Ward

Jake
Colette Murray
Kathy Boyd

MEMORIAL DONATIONS *Through March 16*

MEMORIALS, from Previous Page

Jeff & Elizabeth

David and Adele Schweizer

Steve, Rosemary and Simon Jeffries

Anne Grunert

Jethro

Heather Brunelle

Julia's Birthday

Kimberly Veneroni

Kirby

Julie Sheets

Muriel Knecht

Fred Knecht

Knight

Laurel George

Krunchie

Edward and Ruth Mitchell

Maxine Lacy

Jonathan Meltzer

Stephan and Michelle Lang

Frederick and Carolyn Richardson

Lydia Langley

Richard and Joan Fleming

Ruth Lanham

Dianna Schulte

Michael Angelo LaPointe

Scott and Jennifer LaPointe

Bill and Pam LaVallee

Jill Gallant

Edith Leighton

Jane Colbath

Erik Lenz

Karin Jasper

Lilah

Anonymous

Loki

Paula Dubois

Ms. Lothrop & Norman the Bus Driver

Julia Cals

Lucy

June Coakley

Luke & Shenzi

Therese Donnelly

Wyatt Macklin

Renee Malone

Olivia Malone

Maddie

Michael and Sandra Cartier

Maggie

Carol Boucher

Maisy

Susan Babka

Marcella

Martha Clark

Randy Hayes

Harriett Marshall

Betty-Anne Mauzy

Elizabeth Bickford

Max

Tim and Amy VanSplunder

Olivia McCarthy

Carol Kennedy

Carrie Kennedy

Andrew Fraser

Reba McGean

Jennifer Mason

Carol McKenney

Anita Nehring

Melinda

Priscilla Phenix

Mickey

Jarrold and Betty Marshall

Mitzi

Robert and Barbara LaRochelle

The Moser Family

Donald Poore

Muffin

Brent and Gisele Spechler

Muffy

Gary and Deborah Allard

Murphy

Leonard and Ann Peterson

Nala & Simba

Freddy and Carol Manzi

Nick

Joseph and Shirley Sylvester

Olive

Stephen and Elizabeth Kaye

Ray and Mona Osbourne

Nancy Gerrish

Shawn Paquette

James and Patricia Foss

Kathy Pearce

Mark Ruest

Brita Pedersen & Cujo

Laura Pedersen

Penny

Candy Santamaria

Richard Moher

Loraine Pettigrew

Judy Yeske

Richard and Jeanne Pounder

Laurie DeMarco

Pumpkin

Scott and Jennifer LaPointe

Punkin

Herbert and Virginia Windhagen

Revenue Integrity Team at Wentworth-Douglass Hospital

Rob Gilbert

Rocky

Tammy Anderson

Kerry Roether

James and Patricia Foss

Rosco

Haley Carter

Roxy

Amanda Anderson

Sabrina

David and Kelly Lapierre

Sadie

Chris and Lisa Bado

James and Viola Perkins

Sandy

Douglas and Dorothy Vanderpool

Shea, Gabby, Elizabeth, Connor, Ginger, & Michael

William and Holly Tobin

Shirley

Lauren Goodrich

Walter Shyska

Diana Schuman

James and Marcia Sinclair & Eunice Sinclair

April Sinclair

Bruce and Anne Smith

Dan and Pam Hubbard

Sofe

Lisa Buckson

Sophie

John and Donnel Caggiano

David and Cyndi Strosahl

Andrew Strosahl

John and Laurie Sullivan

David and Adele Schweizer

Sunshine

Robert and Donna Fogg

Jaci Swaner

Frederick and Carolyn Richardson

Tammy

Joan Nisbet

Teddy, Simon, & Alloo

Maura Carriel

Mark Torr

Casey and Kirby Beranger

Philip Trefethen

Anne Grunert

Tux

Denise Cingolani

Tye

Donna Mae Mackenzie

Mary Ulinski

Diana Schuman

Dick and Margaret Wessell

David and Adele Schweizer

John and Diane White

Trapper White

Alex Whitney

Jocelyn Hayden

Bailey Joan Wilder Huntress

Russell and Kate Huntress

Wil-e

Roland Ambiehl

Willow

Carole Woods

Wilson

Marilyn Young

The Winterer Family

Stephen and Susan Spence

Jackie Wolters

Kevin, Heidi, Nicole and Steven

Hinchey

Zoe

Scott and Tracey Bergeron

CVHS STRIVES FOR ACCURACY

in its Memorial Donations reporting.

If you do not see your name listed,

please e-mail Lisa Bradbury at

devassist@cvhsonline.org,

and we will make sure it is listed

in the next edition of Give Me

Shelter. Thank you very much

for your support and understanding.

Being a responsible pet guardian for your pet



Photo/Carabell Photography

GUARDIAN, from Page 10

allow your pet to be identified at a vet office or animal shelter—even if their collar is lost.

As a responsible pet guardian, you are expected to keep your pet safe and healthy. While some dogs prefer short walks to long runs, all breeds require some form of exercise in order to lead long, healthy lives. Whether it's playing fetch or joining you for a hike, all pets love the attention of their guardians, and the time you spend together will help you form a bond with your pet.

In addition to exercise, it is your responsibility to provide your pet with a healthy diet. Human food should be avoided as it can result in an upset stomach or, in the case of chocolate, a severe reaction requiring medical attention. You can help keep your pet safe by keeping all human food

and beverage (including alcohol) out of reach.

If you have children in your household, it is important that they understand the importance of feeding your pet only food that has been designed for your specific animal type. Any other food can result in damage to your pet's body,

Whether it's playing fetch or joining you for a hike, all pets love the attention of their guardians, and the time you spend together will help you form a bond with your pet.

unnecessary vet bills, and obesity.

Having a pet can be one of the most rewarding relationships you can experience. You are your pet's world, and it is your responsibility to provide him or her with a safe and loving environment.

Don't forget to include your pets in your emergency plan for your family

DISASTER, from Page 12

➔ At the first sign of an evacuation, plan your evacuation route and call ahead to make arrangements for boarding your pet outside of the danger zone.

➤ Consider your geographic and climate location, especially if it is prone to certain natural catastrophes, such as tornadoes, earthquakes or floods.

➔ Determine which rooms are 'safe' rooms in advance. Accordingly, the rooms should be clear of hazards such as windows,

flying debris, etc.

➔ Choose easy-to-clean areas such as utility rooms, bathrooms, and basements as safe zones.

➔ Be sure to have access to fresh water. In areas that may lose power, fill up bathtubs and sinks ahead of time.

➔ In the event of flooding, go to the highest location in your home—especially a room with high shelves or counters where your pet can take shelter

➤ If it is recommended that you stay in your home, it is crucial that you keep your pets with you and your

supplies close at hand. If your pets become stressed or overly nervous, consider crating them for their safety and security.

➤ Special consideration should be given to birds, reptiles, and small animals:

➔ Birds should have a secure travel cage or carrier. If the weather is cold, make certain you have blankets to cover the cage, which also may help reduce stress when traveling. In warm weather, carry a spray bottle to moisten your bird's feathers. Have recent photos and leg bands for ID.

➔ For reptiles, a snake can be transported in a pillowcase, but you should have permanent and secure housing for him when you reach your safe place. Take a sturdy bowl that is large enough for your pet to soak in. It is also a good idea to bring along a heating pad or other warming device, such as a hot water bottle. Lizards can be transported similar to birds, with a secure cage or carrier, with a blanket to avoid stress.

➔ Be sure to have extra bedding for small animals like gerbils, hamsters, etc.

the time is now



PARADE YOUR POOCH

Register you or your team for CVHS's upcoming annual dog walk!

Cocheco Valley Humane Society
Parade Your Pooch — Registration and Pledge Form

NAME: _____ **PHONE: (H)** _____ **(W)** _____

ADDRESS _____ **CITY:** _____ **ST.** _____ **ZIP** _____

E-MAIL: _____ **DOG'S RABIES TAG NO:** _____ **TEAM NAME:** _____

I, and on behalf of my heirs, successors, and assigns, assume any and all risks associated with the Parade Your Pooch Dog Walk and Craft Fair, and waive and release any and all rights and claims against Cocheco Valley Humane Society, its agents and representatives, and any others connected with the event for injuries and damages of any kind suffered by myself or my animal. I grant permission to any and all use of photographs, motion pictures, videotapes, and any record to Cocheco Valley Humane Society.

SIGNATURE: _____ **DATE:** _____ **D.O.B:** _____

This MUST be signed to participate. (Signature of parent of guardian if participate is under 18)

NAME	ADDRESS • CITY • STATE • ZIP	E-MAIL	CHECK	CASH	DONATION
<input type="checkbox"/> I adopted my dog from CVHS					
Does your company match? Company information:					

NOTE: Teams may make copies of this registration form to distribute among members

You may also pre-register by mail or online at our website: www.cvhsonline.org. If mailing, please mail this completed form with pledges and registration fee by October 1, 2012 to: CVHS, 262 County Farm Road, Dover, NH 03820. You may also bring pledges and this form with you to the walk and turn them in at the registration table. Any questions? Please call 603-749-5322, ext 113 or e-mail specialevents@cvhsonline.org.

OCTOBER 7 • DeMERITT HILL FARM • LEE, NH

Cocheco Valley Humane Society
262 County Farm Road
Dover, NH 03820

About Cocheco Valley Humane Society

Cocheco Valley Humane Society (CVHS) is a community-funded nonprofit organization dedicated to promoting the humane treatment of animals in Strafford County, NH and Southern Maine. Every year, we provide a safe haven to more than 2,300 surrendered, lost, abused, neglected, or unwanted animals. Our mission is to provide quality, compassionate care and shelter to our animals, in partnership with education the community concerning animal treatment and welfare.

CVHS is only as strong as the support we receive from our community. There are several ways individuals, organizations, and businesses can help us sustain our mission.

JOIN US

Become a supporter:

- Support our mission financially
- Donate goods or services
- Sponsor an event
- Host a donation bank
- Host a fundraiser, supply drive, or off-site adoption

Volunteer:

- Help provide care, socialization and love to our animals
- Become a foster parent
- Join a CVHS committee
- Assist with community outreach and fundraising events

For information on how to support the animals of CVHS, visit our website: cvhsonline.org. Or call 603.749.5322 Ext. 113