

give me **SHELTER**

A Cochecho Valley Humane Society Publication

SUMMER 2012 Vol 2 - No 1



BINGO!

Find out how it's helping CVHS!

p. 10

Walk for Whiskers p.8

NEW! Success Stories p. 13

Who is hanging out poolside at CVHS? p.4

Cocheco Valley Humane Society

262 County Farm Road • Dover, NH 03820

www.cvhsonline.org

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“B-I-N-G-O!”

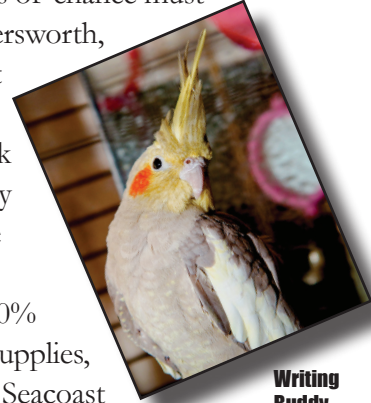
Our cover this month reflects the importance of an unexpected game to the continuing operations of Cocheco Valley Humane Society (“CVHS”). Not many people are aware that in New Hampshire, a portion of the monies raised from games of chance must go to the benefit of a charity. Seacoast Bingo in Somersworth, NH has made Saturday night the most important night of the week for CVHS. On average, close to 200 participants from all over New England tempt lady luck while benefitting the animals of CVHS. The generosity of the players doesn’t stop at playing; they often arrive with food, blankets, toys and supplies to donate to the shelter. So far this year, Seacoast Bingo has covered 100% of our outside veterinary costs, medications, cleaning supplies, food, litter and adoption related expenses. Supporting Seacoast Bingo has become critical to the overall success of this organization.

Fearless bingo leader, Brenda Rose, and her tireless volunteers work to ensure that each Saturday’s game is a fun event to attend while keeping the needs of the animals of CVHS close at heart. Brenda is one of our biggest advocates, and for that we are eternally grateful. We are delighted to introduce you to this wonderful group in this month’s newsletter. If you are looking for some fun on a Saturday night, stop by and say hello or better yet play a game or two! You never know.....

Also in this edition of *Give Me Shelter*, we have added an Advocate section. Financial viability is a challenge that all non-profits face and, as noted in the Advocate section, here at CVHS the demand for resources often outweighs our ability to provide services to the surrounding community. Although sometimes an overwhelming challenge, we are committed to remaining an important service provider to Strafford County and we cannot thank you enough for your ongoing support and assistance.

There have been many changes at CVHS in the past few months, including new employees, a new treatment room to evaluate incoming animals, and new shade areas in the dog pens which were donated by a wonderful supporter. And we are not stopping there. We are especially excited and looking forward to welcoming our first group of community service members. While we strive to improve the current facility, we remain focused on the ultimate goal of a new home for CVHS. We have explored several alternatives but our hope and goal is to remain within the Strafford County Complex. We hope to have new details to share about that goal in the upcoming newsletters. Please remember to Adopt. Honor. Advocate.

The Board of Cocheco Valley Humane Society



**Writing
Buddy
Blondie
2012**

VETERINARY CORNER: Early spay and neuter, why so young?

What is the number one cause of death in dogs and cats in the US? Would you be surprised to learn that it's not a medical condition at all? More pets die each year because they are homeless and unwanted than any other reason. Between 4 and 6 millions dogs and cats are euthanized in US shelters every year because they cannot find a home. Most of these deaths could be prevented if we could stop unwanted pregnancies and reduce the number of unwanted animals.

At CVHS our policy is to spay and neuter every dog, cat, and rabbit before they get adopted. This has been shown to be an effective way to reduce a community's overpopulation of pets. Puppies and kittens must be at least 8 weeks old and 2 pounds to qualify for surgery at CVHS. By spaying and neutering at this young age, we guarantee that these pets aren't



Sarah Proctor DVM

likely to be surrendered to a shelter and euthanized than they are to have complications from surgery. This is why we are willing to perform surgery on animals so young. At CVHS in 2011, 535 kittens and 125 puppies had surgery and only 1 kitten didn't make it (with some evidence of an undiagnosed heart condition). That's a mortality rate of 0.1%. This is comparable to reported adult mortality rates for the same surgery. The risk of death during surgery is low no matter what the age.

There are two other common

contributing to the overpopulation problem.

You might think spaying and neutering these babies is risky. In reality, a pet is more

misconceptions about pediatric spay/neuter surgery:

Myth: Dogs should go through one heat cycle before getting spayed to prevent urinary tract problems.

Truth: This was a common recommendation in the past, but has never been proven to be true. Obesity puts female dogs at risk for urinary tract infections more so than being spayed young. In fact, spaying animals before they go through heat gives them some amazing health benefits. Spaying a dog before its first heat reduces her risk of breast cancer by 90%. It eliminates the risk of life-threatening uterine infections and ovarian and uterine cancer. Neutering dogs eliminates the risk of testicular cancer and reduces the risk of prostatic disease.

Myth: Pediatric spay/neuter causes a higher risk of urinary tract problems in adult cats.

Truth: Many vets suspected that

neutering kittens at a young age prevented their urinary tracts from developing normally, causing urinary health problems. However, in numerous scientific studies, this suspicion has not been proven. Male cats are prone to urinary tract problems regardless of the age at which they were neutered. Un-neutered cats can have these problems too.

There are many benefits to owning an altered pet. They are less likely to be aggressive and fight, and less likely to roam and mark their territory. Male cats have much less urine odor when neutered. People are less likely to surrender their pets to shelters if the pets are altered. Altered pets make better pets! Most importantly, by owning a spayed or neutered pet, you are helping the entire community of pets by helping to prevent unwanted pet euthanasia.

See **EARLY SPAY**, Page 9



No Bones About It!

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HOT DOG! Summer fun outdoors at CVHS

by Molly Campbell

The dog days of summer are looking up thanks to a recent donation towards the development of the outdoor pen areas at CVHS. Recently donated shade tents and “kiddie” wading pools, have kicked off this year’s focus on updating and improving the outdoor canine play areas at CVHS.

If you look out the back door at CVHS, the dogs in the outside pens are running and jumping, looking in the windows at cats, enjoying the view of the rolling grass, and lounging around enjoying the new shade and shallow pool water. These dogs certainly look like they are having fun, but there is an important

underlying motive to getting these dogs outside. Stimulation and enrichment from natural areas helps relieve stress for animals, particularly dogs. A dog that is relocated to a shelter has undergone a dramatic environmental change and waiting to be placed in a home again can be stressful. A stressed animal is more likely to get sick. That is why Allison Powers of CVHS describes outside play as “vital” to the health and wellness of the dogs, “Through running, bolting, sniffing, wading, digging, chasing balls, or just interacting with staff, dogs are able to expend positive energy which helps to relieve anxiety.

When they are tired physically, they are more relaxed so their overall health improves and it decreases their chance of developing disease or experiencing medical problems.”

So how do they get these canine buddies outside and playing? After temperament testing, dogs get individual outdoor time and sometimes they are placed in a “play-group” of 2-3 dogs. One of the most noticeable play-groups currently at the shelter is made up of three good buddies that are definitely not fast on their feet but are reaping the health benefits anyway! Grizzly, Mr. Kane, and Rocky have been cracking up the staff with their

unlikely friendship. Grizzly and Mr. Kane, both weighing in at over 100 pounds, have found an unlikely personal trainer in a five year old basset hound named Rocky. Known for their pendulous ears, short legs and long bodies, it was unlikely that Rocky would be able to help out anyone in the fitness department, but the good natured giants think he’s great. Grizzly, a German shepherd dog/rottweiler mix is a couch potato who will endure a walk just to make you happy and Mr. Kane is a German shepherd dog mix who gets along with everyone and was surrendered for being too big. “The thing about these two big guys is that they



Carabell Photos

**Rocky the basset hound
Personal Trainer**

See OUTSIDE, Page 11



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DEARDENZI

give me shelter - spring 2012

Send questions to adminassist@cvhsonline.org, please put Dear Denzi in the subject bar
Be sure to request your monthly e-newsletter

Stray cat wants to fit in

A stray cat wonders how to adjust to a new home

Dear Denzi: I have been living as a stray in Dover for quite some time. For about a year now, I've been warming up to a new family and have been considering moving into their home permanently. My new family is concerned about introducing me to their indoor-only cat since I have not been receiving routine vet care. What should my new family know before bringing me into their home? Do you think that I would be happy as an indoor cat when I've been living outdoors for so long? —From Stray But Okay.

Dear Stray: Congratulations on finding a new family! I've met many strays at the shelter and most of them have adjusted easily to indoor living. It will definitely be a change for you, but having a new family will certainly make it worthwhile! If your family is looking for ways to help you adjust, ask them to set up a window seat for you so you can look out at the world while still remaining safely indoors. Before you can start your new life, tell your family to bring you to a veterinarian for a check-up and some basic

vaccines. An initial vet visit to get you up-to-date on your vaccines will, on average, cost between \$100-\$140. Once you are up-to-date you are ready to move into your new home, be sure to take things slow. Have your family start you out in a quiet room, like a bathroom or spare bedroom where you can adjust at your own pace. When you are ready, I'm sure you will start venturing out to meet your new family, cat included. Starting fresh with a new family takes some patience but in time you'll see that it's all worth it.

•••••

Spaniel spun up about grooming

Dear Denzi: I'm a Cocker Spaniel and my "brother" is a Chihuahua. Every other month, my family takes me to a groomer, but my brother doesn't have to go! Why am I the only one who has to go to the groomer? —From Bathed and Confused

Dear Confused: Think of your regular visits to the groomer as a trip to the spa that your brother misses out on! While all

See DENZI, Page 8

CONGRATULATIONS TO HAUNTED OVERLOAD FOR BEING NAMED ONE OF THE TOP 20 HALLOWEEN ATTRACTIONS IN THE WORLD! BY TOP HAUNTS

Haunted Overload, which takes place at DeMeritt Hill Farm in Lee, NH, donates 10% of their gross revenue to the animals at CVHS. Named the #5 best haunt in the country by the Weather Channel in 2011, Haunted Overload features movie quality sets, live actors, and spooktacular special effects. A special sneak preview of Haunted Overload's day haunt will be featured at **Parade Your Pooch** (without the Scares)

This year, as part of Top Haunt's 20 best attractions in the world, you can vote to get Haunted Overload ranked among the top 13 haunts. A listing among the top 13 attractions will lead to increased publicity for both the haunt and the many homeless animals at Cocheco Valley Humane Society who are looking for their forever homes.

To help Haunted Overload, please visit the voting poll on tophaunts.com. Votes are limited to one vote per user per day. Voting is open now and runs through Friday, August 31, 2012.

VOLUNTEER SPOTLIGHT:

Remembering Sandy Taylor

Our shelter recently lost a wonderful volunteer and true friend of the animals. Sandy Taylor and her husband, Grant, volunteered for CVHS as a duo for many years. The two of them were often the first volunteers at our JC Penney fundraiser each holiday season, selling cat toys and dog treats to the Christmas shoppers. Sandy was also a frequent visitor to the shelter, often accompanying Grant to drop off money collected at donation banks in Rochester. The staff members



greatly enjoyed their many conversations with her about her beloved cats and the many exciting trips she and Grant had planned. Sandy passed away peacefully at her home on June 14, 2012. She was a wonderful woman, a dedicated volunteer, and a passionate animal lover. We are all truly grateful to have known such a remarkable woman and will greatly miss seeing her at both the shelter and at our special events. Although we are deeply saddened by the loss of a member of our shelter family, we know her love of animals will live on in the volunteer work of her husband. From all of us at

CVHS: We will miss you, Sandy!

Facebook Favorites

We adopted Kane a few weeks ago...I was sure from the moment I met him that he was the one for us. He's been a blessing since we've got him!!!! Thank you so much!!

Posted by Joanna Kelley

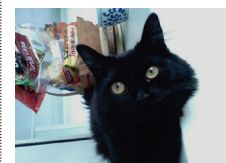
Two years ago, I adopted a terribly shy 3 month old kitten from CVHS. Timid no more, here's Bingley (CVHS name "Jimbo") hamming it up, as usual:

Posted by Lisa Merrill



Dear Cocheco Valley Humane Society, if anyone working/volunteering here who was around in

Nov. '06, just wanted to post a photo of a cat I adopted from you all, Juniper (known as Fran). She is still doing wonderful and has been the best friend a gal could ever ask for. I don't know why I thought to write now after all

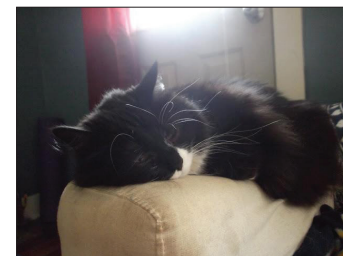


this time but well, just wanted to say thanks for giving me one of the best cats ever! :-)) :-)) ♥ to you all.

Posted by Donna Sardone

I can't thank CVHS enough for Morgan!!! Adopted last August as a kitten-now most spoiled cat in the world!

Posted by Jennifer Gendell



HAUNTED OVERLOAD

Cocheco Valley Humane Society

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The Luke Zagar Experience, Animal Care Specialist

What are your interests outside of work?

1. I like to keep busy. During the day, if I am not working, I like to be outside. I love to swim, kayak, hike, and go camp. Basically, if I could combine those all into one day and end up sitting around a fire, it would be an amazing day. I am also usually working on a project for my parents (which means I get to build or fix something, fun!) or doing something for the fire department I volunteer for. Which I love to do, being a volunteer firefighter is a big interest outside of work.

What makes you really happy?

2. I like spending time with my family or going outside. But, truly I have a grin across my face when I look at a person's smile and know that I caused it. Or that moment that you see someone that is having a bad day and you go and do something really silly to make them smile. That's probably why I dress up in silly dog clothes at work or go through the kennels playing air guitar with the scrub brush. First of all, it is fun (especially when no one is around 'cause you can rock out really hard), second, (I am not going to lie) I like some attention once in a while. But lastly, I like knowing that I make a rough day bearable even if its just for a few seconds.

What is your dream job?

3. Easy, being Superman or Batman, I'm only kinda of kidding. In the real world, I have always wanted to be a veterinarian. I also wouldn't mind being a firefighter or being a

rescue swimmer. A dream life would be being all three.

If you could have lunch with any person - dead or alive - who would it be and why?

4. Ready? My future wife. I wouldn't mind spending any extra time that I could with this girl I haven't met. I would also have lunch with my family. My family grounds me and offers me so much support and wisdom. I wish I could spend more time with them, especially when we are all together.

How did you get started at CVHS?

5. I started volunteering at CVHS when I was the wee age of 16. I volunteered for about a month and the Executive Director asked me what I was doing for the summer and if I wanted a summer job. I didn't even go home to ask my ma and pop, I just said yes. Ever since then I have been working at CVHS.

What do you like most about working here?

6. Obviously all the fame I get from this newsletter! (Kidding) I think there is the obvious answer that I like animals and love to feel like I have 20 dogs that are my pets during their stay. Also, I like to feel I'm doing something good in my life. I think the biggest thing that I enjoy though is the people I work with. I have met so many amazing people at the shelter. I know that almost every day is going to be a good day working, no matter what we have to deal with, because we always make sure that we are joking and laughing

along the way. Don't you worry though, we are always working hard too!



Has working here changed your point of view?

7. Oh yeah for sure, I know just the other day I was talking to a fellow

long timer at CVHS about how I have changed over the five plus years I have worked here. I've gone through a lot of maturing while working here. Like most people I have seen things that have caused me great sadness and I have seen things that have made me stop and question how something that amazing could happen. I know with the shelter it can sometimes be a bummer with the things you see, but I always try to remember and hold onto the amazing things. The CVHS organization has been a big part of my life, you could say it has molded a part of me for sure.

Name one of your favorite shelter moments.

8. There are so many awesome moments. I love the events like the Black Tie and Tails or Great Catsby event. I really enjoy dancing and having a lot of fun with my co-workers outside of work, but nothing really beats the time when you go into a dog's cage and you sit

down and they wiggle over to you and snuggle up on your lap. Then they look at you and just look joyful in those eyes. I think that right there is the moment that you know that a dog will grant you the greatest and strongest love you have ever felt in your life (well next to the man upstairs that is). Again it is corny but it goes back to seeing the joy in others.

Has any animal left a lasting imprint on you and why?

9. So many animals have made a lasting imprint on me. All my foster animals especially, those guys will always have a place in my heart. I could tell you a great story about each one of them. But I think the dog that changed me the most was Tracker. He was an old stray dog that was on death's door step. The shelter decided to try and revive him. It took almost a week and a half to get him to eat regularly. However from day one, minute one this dog had a smile on his face that never ever

See ZAGAR, page 9

D.F. RICHARD

ENERGY



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(603) 742-2020

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September

15th & 16th - Forth Annual Family Weekend, 10am - 4pm
22nd & 23rd - DeMeritt Hill Annual Craft Fair
29th & 30th - DeMeritt Hill Farm Apple Festival

October

7th - Parade Your Pooch- Annual Dog Walk
13th & 14th - Harvest Weekend
13th & 14th, 20th & 21st, 27th & 28th - Enchanted Hayrides
12th, 19th, 18th, 19th, 20th, 21st, 26th, 27th, 28th - *Haunted Overload*

November

24th & 25th - Reason for the Season, Christmas Experience

December

1st & 2nd, 8th & 9th, 15th & 16th - Reason for the Season

New For This Year - DeMeritt Hill Farm Grown Vegetables

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CVHSEVENTS

Parade Your Pooch, fundraising for CVHS

Cocheco Valley Humane Society will be hosting Parade Your Pooch and the 18th Annual Walk for the Animals on Sunday, October 7, 2012. The walk will once again be taking place among the orchards and pumpkin patches of DeMeritt Hill Farm in Lee, NH. Featuring local crafters, a fun dog show, farm activities, and adoptable animals, Parade Your Pooch is an exciting event for animal lovers of all ages.

As a pledge walk, the success of this event depends entirely on the hard work of the many individuals and teams who collect pledges and hold fundraisers to benefit the animals. In 2011, Parade Your Pooch raised more than \$18,000 for the animals at CVHS. We need your help to make this year's walk an even bigger success! Collecting your own pledges is easy – and it's even easier when you work with friends, family members, classmates, or co-workers as a team.

Walkers are encouraged to pre-register for the event by visiting the "Parade Your Pooch" section of our website

at cvhsonline.org. Through our website, you can create your own personalized fundraising page and begin collecting donations. Fundraising pages can be emailed to friends and family or shared via Twitter and Facebook.

Summer is the perfect time to hold fundraising events in your community. Be creative! Instead of holding a bake sale, consider adding a cake walk where people can make a donation in order to participate. Or, if you are an artist or crafter, consider participating in a local craft fair and donating a portion of your proceeds to the animals.

Other fundraising ideas include:

- Hold a baseball game or other sporting event in your town and ask teams to make a donation in order to participate.
- Host an art show featuring the artwork of both pets and



Parade Your Pooch 2011

people. Count entry fees towards your pledge drive.

- Hold a neighborhood, office, or school-wide yard sale.
- Encourage your workplace to offer a "bring your dog to work day" – ask officemates to make a donation to CVHS in order to participate.
- Throw a dinner party and request that guests make a pledge.

Prizes will be awarded to the top adult and youth fundraisers, as well as the top adult and youth teams. Be sure to carry a pledge sheet with you at all times in order to collect pledges and, if you're part of a team, to recruit new walkers. No amount of money raised is too small. Donations and fundraising events like Parade Your Pooch make up 65% of Cocheco Valley Humane Society's annual budget!

Wondering how your donation impacts the shelter?

\$15 – Provides a rabies vaccine for an animal

See PARADE, Page 9

DEARDENZI *continued*

DENZI, from Page 5

dogs need to have their nails trimmed, ears cleaned, and teeth brushed on a regular basis, not every dog requires a trip to the groomer for new haircut. While your brother can get away with a quick bath every now and then, you have a lot of hair – and that hair grows fast! If you want to look (and feel) your best, you'll need to make those trips to the "spa" every 4-6 weeks. Dogs that don't keep up with their grooming can have a lot of issues, like painful hair mats, overgrown toe nails, and, of course, an unpleasant odor! Until you dogs learn to bathe yourselves like us cats do, you'll have to make the most of those trips to the groomer!



Boredom baffles pet



Dear Denzi: I'm bored! And so are the other pets in my family. I don't want to lie around the house sleeping and watching TV all day. What can I do to keep myself entertained?—From Bored to the Bone.

Dear Bored: It's not easy being cooped up in a house all day. Most pet parents think that we animals enjoy sleeping the day away, but we crave

mental stimulation! If you have canine friends, have your family hide treats in a fenced in yard, around the house, or in different containers. Dogs love a good game of hide-and-seek! A favorite hot weather activity for the dogs at the shelter is playing with giant frozen ice cubes containing pieces of kibble, dog treats, and even hot dog slices! Cats, of course, are more sophisticated. Placing a bird feeder outside of a window can provide hours of entertainment. And cat nip is always a welcome diversion! Have your family hide cat nip and treats throughout the house for you to discover and enjoy. Not only will these games give you the entertainment you crave, you'll get to spend a lot of quality time with your family, too!

If you have stopped by the administrative offices at Cocheco Valley Humane Society, chances are you have met Denzi. He is a handsome flame point Siamese cat who calls our offices home. Dear Denzi is his first foray into the world of journalism. If you have a pet that has pressing questions for our resident feline guru, please send them to adminassist@cvhsonline.org. Please put Dear Denzi Question in the subject line of your e-mail.

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Early spay/neuter: why so young?

EARLY SPAY, from page 3

If you own an unaltered pet, please consider scheduling surgery. You'll still get many of the benefits I've discussed even if your pet is not young. Most veterinarians offer spay/neuter surgery services. Listed below are several alternatives for low-cost spay/neuter services. Some of these programs require financial need, but all are committed to reducing pet overpopulation by increasing the percentage of spayed and neutered pets.

Strafford Co:
<http://rozziemay.org/spay-neuter.htm>

Manchester:
<http://www.animalallies.org/spay-and-neuter>

Laconia:
<http://www.nhhumane.org/snap.php>

NH Plan B program and Maine state program information via CVHS website:
<http://www.cochechovalleyhumanesoc.org/Spayand-Neuterhelp.cfm>

Helpful Definitions:

Spayed Female: cannot reproduce because her ovaries +/- uterus have been removed.

Castrated Male: cannot reproduce because (in most cases) his testicles have been removed. There are chemical injections that can castrate a male without testicle removal but this is not commonly done.

Neutered or Altered Animal: cannot reproduce, usually used to refer to males.

Intact Animal: Has its reproductive organs present, and is able to reproduce.

Spay: surgical removal of the ovaries +/- uterus (aka ovariohysterectomy)

Castration: surgical removal of the testicles



The Luke Zagar Experience *continued*

ZAGAR, from page 7

left. He had the biggest grin I had ever seen on a dog. My boss asked me if I would foster him and try to get him to gain some weight. I worked with him a lot and we got some weight on him and he even started to be able to go up and down flights of stairs with ease. I thought Tracker was going to just be a hospice situation. Then after a few months of foster, an amazing family asked to meet him. They had an older dog and were looking for another to spoil and allow to live out his life. They fell in love with Tracker (as anyone would) and adopted him. He is still living out his life with two little kids that love him with all their hearts.

I will let you in on a little secret too. I was sad to see him go, because he was the type of dog that would cheer you up when you were sad. He truly was an amazing soul. Here is the secret. Just before he left to go with them, I knelt down and I looked into his big soft eyes, with his mouth open, grinning as usual. Then I whispered to him and told him that he had to go and love those two little kids as much as his heart could give and show them the love he showed me; I told him they would return the favor. Then he blinked, closed his mouth and made a straight face and nodded his head. He gave the nod with a serious and understanding posture. Then his smile returned, gave me a hug and we said our goodbyes. I guess you could say he made an imprint, maybe you could argue he made me crazy, but I think he just took a part of my soul and I took a part of his.

What movie can you watch over and over again?

10. So many choices, I love a good movie. I like almost all movies, except

horror films. The movies I watch over and over again: Gladiator, King Arthur, Peaceful Warrior, Secondhand Lions (Watch this movie if you haven't!), Pay It Forward, The Ultimate Gift, The Guardian, The Notebook, and many more. Really watch all of them if you haven't

What talent would you most like to have?

11. Be Wolverine. Done. Easy.

If you could live in any home on a television series, which one would it be?

12. I think being a roommate with Micheal Scott would be pretty awesome, that or Dwight Shrute he seems to know a lot about life and could teach me a lot. I bet Steve Urkle would be lots of fun (I was told to put that one because I walk around with leashes as suspenders sometimes and hike my shorts up at the shelter.)

What are your favorite shelter animal names, past or present?

13. My fosters: Tracker, Sadie, Lois Lane, Barry, Mr. Peanut, Rosco, Tilly, and Chewla.

What's your biggest pet peeve?

14. I am not a patient person so that annoys me. And I don't like hypocrites, which is hypocritical in itself, but we often dislike the characteristics in others that we dislike in ourselves.

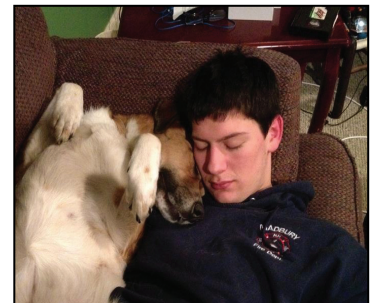
If you could come back as an animal, which animal would that be?

15. A dragon for sure. That or my star sign, a bull. I kinda of already act like a bull, my family has many stories on the way the Zagar males

do manual labor. What sums it up is that we put each other in the hospital, because we don't get out of the way. Essentially when we have our mind set on something it is going to happen, broken limb or not. Now don't get me wrong, we are safe and don't do anything too stupid, we just view our bodies as a tool to be used. I hope my body will be well spent when I am ten feet under.

If your life had a soundtrack, what songs would you pick?

16. Also so many choices. Here is a list of artist/songs: Angels and Airwaves, Yellowcard, Switchfoot, Paramore, Barton Hollow, Boondocks, Ever After, Guardian Angel, Imagine Dragons, Ho Hey, I Believe, Anberlin, Paint Flowers, Amazing Because It Is, Do Better, and so many more. Another Zagar male trait, we find a song that we like and we play it over and over on repeat till we are sick of it, my current song is Ever After by Marianas Trench.



Parade Your Pooch, *continued*

PARADE, from page 8

\$25 – Provides heartworm/flea/tick preventative for an animal
\$50 – Helps spay or neuter a cat
\$75 – Provides food,

healthcare, and shelter for a small animal for one month
\$100 – Provides food, healthcare, and shelter for a cat for one month
\$150 – Provides dental

care for a senior animal
\$300 – Helps support monthly offsite adoption events
\$500 – Helps provide funding for humane advocacy

\$1,000 – Provides food, healthcare, shelter, and training for a dog for one month

**Sign Up Now to Walk!
See Registration Form
On Page 19!**

B-I-N-G-O

Photos by
Alaina Goodnough



and even candy are passed out to the players. Additional prizes are won through fifty-cent ticket games such as Texas Hold 'Em, Pick a Pony, Saddle Up, Bunny Buddies, and Long Shot. The largest Long Shot prize was awarded at a night of CVHS Bingo in 2008 when one lucky player was awarded \$25,000. Players are also encouraged to support CVHS by bringing donations with them to the Bingo hall. Each month, all donors are entered to win a voucher for a free \$20 package of Bingo cards.



Helping CVHS *in a new fun way!*

By Alaina Goodnough

Things are getting pretty intense at Saturday night Bingo. A crowd of 150 people has gathered at Seacoast Bingo in Somersworth, NH where every Saturday, the Bingo game benefits Cocheco Valley Humane Society. Players are hoping to cover all the numbers on a Bingo card in order to win a jackpot of over \$3,000. A hush falls over the Bingo hall as Marnie Moore, a CVHS volunteer, calls out the next number. "Bingo!" a voice shouts, and a collective groan fills the Bingo hall, followed by murmurs of, "I was so close!"

This is not the Bingo you remember from your childhood. Open to players 18 and up, Bingo is more popular than ever. Games start out easy with a traditional, or "hardway Bingo", pattern then progress to more difficult designs such as round robins, stamps, and check marks. The final games of the night, worth up to \$7,600 on this particular night, require players to cover all their spaces within a designated number of balls. Although the games may

seem confusing to first time players, the many expert CVHS volunteers are always on hand to turn even the most novice of players into experts overnight.

For just \$20, players can purchase a package of Bingo cards that will last them the entire evening. For an additional \$1 per sheet of three Bingo cards, players can join in the final jackpot games where the winnings often reach the thousands.

With the addition of computers, it's easier than ever for new players to get involved in Bingo. For a small fee, players can rent a handheld computer that takes all the work out of Bingo. As the numbers are called, the computer will automatically play the game for you and alert you if you've won Bingo. Not only does this alleviate the stress of learning the game for new players, it allows more seasoned players to maintain two games at once – one on paper and one electronic!

Throughout the night, door prizes such as gas cards, daubers, Bingo gift certificates,

homeless animals at Cocheco Valley Humane Society. From selling Bingo packages to calling numbers, CVHS volunteers are involved in all aspects of the weekly game. With the exception of one single, dedicated staff member, the game is entirely volunteer driven.

A cool way to spend hot summer nights, the Bingo hall is an air-conditioned getaway that offers good food, good company, and a good time! Grab your friends and support the animals at CVHS with a fun-filled Saturday night at Bingo!

Seacoast Bingo is located at 451 High Street in Somersworth, NH. Ticket sales begin at 5pm with the game lasting from 7pm-10:30pm. Volunteers are also needed each Saturday night to help sell tickets and pay winners. For more information, visit cvhsonline.org and seacoastbingo.org.

Bingo Vocabulary:

Learning some basic Bingo terms will help make your first experience playing the game a little easier!

Coverall: A pattern that requires players to cover every space on their card in order to win.

Dauber: An ink-filled bottle with a foam tip used to mark called numbers on a Bingo card

Adopt - Honor - **ADVOCATE: Uniting on common ground**

By Allison Powers

Coheco Valley Humane Society, (CVHS) believes in advocating for animals but understands advocating does not mean alienating. A crucial part of advocacy involves listening and working together to provide the best possible outcomes for the companion animals in Strafford County. We, like all animal welfare organizations and government officials, desire to provide the best solutions for companion animals. Differing obligational demands, limited resources, and the structure of animal welfare in New Hampshire makes this task difficult but not impossible. We are eager to show how CVHS and state organizations are working together to make that difference. But first we'd like to provide some background on how CVHS functions.

Strafford County does not own or manage an animal shelter. CVHS is a private, non-profit organization that leases county land. We depend solely upon donations and town contracts for dog care, in addition to grants when available. Not all towns have contracts with CVHS but our organization still accepts companion animals from any Strafford County citizen

regardless of municipality.

CVHS contracts with some towns to house stray dogs when towns don't have other means to do so. These contracts don't apply to cats or owned dogs. This is in part because towns aren't legally required to enforce 'leash laws' on cats, as the cost of managing unwanted cat populations would cause an exorbitant tax increase and is unreasonable for any town to focus on alone.

CVHS is committed to providing care for all behavioral and medical treatable animals within the limits of accepted shelter population medicine standards. We do not euthanize healthy animals for population control. The public may have to wait for one animal to be adopted before another can take its' place. Many people are surprised when they learn an appointment is needed before they can relinquish an animal. Many times pressures are also felt by the towns to take action concerning stray or feral cats within their boundaries. This amounts to huge frustration felt by individuals, municipalities, and the shelter staff as demand for services always exceeds resources.

One of the most recent ways CVHS has

reached out to every municipality in Strafford County, is by asking them to complete a needs assessment and inviting them to join a task force regarding cat over population. The goal is to target problem areas and assist individuals with spay and neuter services to decrease unwanted population growth. Partnerships like this will be critical in addressing animal welfare needs and help diminish the seasonal influx of large populations of cats into CVHS.

CVHS is also investing in humane officer education for part-time, Farmington animal control officer Kate Koval. Kate is also the assistant animal care manager at CVHS. The addition of a humane officer for Strafford County is sorely needed to assist overburdened towns. Farmington is also supporting education for Kate in animal control at the New England Animal Control/Humane Academy this July at the University of New Hampshire. This is yet another example of efficient collaboration with limited resources to improve animal welfare.

The County of Strafford will also be offering the option of assisting in animal care at CVHS to fulfill community service hours. Program development and coordination is

See ADVOCATE, page 17

Outdoor areas shaping up at CVHS

OUTSIDE, from page 4

would really be mid-sized dogs at their correct weight," says Kate Koval, Animal Care Manager, "they just need someone who will understand the process of getting them there."

The folks at CVHS are trying to give them a healthy start by getting them outside in the playgroup together and beginning a weight management diet. "Right now Rocky tries to get Mr. Grizzly and Kane going by running around the pen areas, but at this point they mostly respond with happy wiggling and taking breaks in

the pools," says Nate Langille an Animal Care Tech at CVHS, "It's just so obvious that they are enjoying themselves, even if it's just pool hangout time. Oh, but not Rocky though," he amended, "his legs are too short to get in the kiddie pools, so has to cheer them on from the side."

To make this outside area, the staff has worked hard over the years to rehabilitate what was once the "pig-gery" behind the original barn structure of CVHS. The series of large pens, sporting logical names like,

"Long Pen," "Puppy Pen" and "Sand Pen" are looking better after the recent donation but there is more to be done. With all their digging, running and chewing, dogs are extremely hard on an environment so it must be carefully planned to suit their needs. Wooden structures that were originally put into place for the dogs to play on are now deteriorating and need to be removed. Replacements would ideally be easily cleaned and impervious to rot such as plastic Little Tykes toddler structures. There are dead

trees that need to come out and the path areas are desperately in need of a paver or material that can stand up to heavy wear. Additionally there is a quarantine area that ideally would have slats added to the fencing. And of course there is plenty of volunteer work to do maintaining the pens and upgrading the facility.

The outside area at CVHS plays a very special role in the lives and health of dogs like Grizzly, Mr. Kane and Rocky so the pen improvement project will be continuing as fast as time

and resources will allow. The staff at CVHS knows that the shelter isn't a home for these dogs but during this stressful stage in a dog's life, they try to make it the next best thing. If you can help continue this project through a product donation, see the last page and specify "dog pens" or mail donations to CVHS, 262 County Farm Road, Dover, NH 03820. Please indicate "dog pens" in the memo line, or contact us online at cvhsonline.org.



Find the Tick!

Can you spot the tick hidden in one of the advertisements?



The medical department at CVHS would like to remind everyone how important preventative care is especially during the summer months. Ticks are not fun but we thought our readers would enjoy flexing their New England skills in locating this little bane of summer.

Hidden in one of this newsletter's advertisements is a tick. Find the tick and email your answer to adminassist@cvhsonline.org by Aug. 31

Please place "Find the Tick" in the memo line. Include in the email the advertisement you found the tick in and your name.

One winner will be randomly selected from all correct entries and contacted through email. The winner will receive a magnificent, limited edition, CVHS coffee mug available for pick-up at the shelter. You are sure to be the envy of all other CVHS supporters!

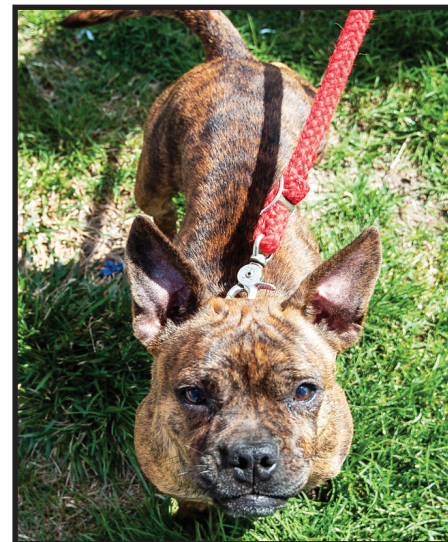


Actual tick size in newsletter

WHAT KIND OF DOG ARE YOU?

by Carlene Lapierre

Do you ever see those dogs that resemble their owners? Well here's your chance to go one step further - take this quiz to find out what kind of dog you would be!



Carabell Photos

1. You run into your best friend on the street. You greet her/him by:

- a) Saying a quick hello, and then digging into what happened at work today.
- b) Offering a big hug and suggesting, "Let's chat over a drink at the café."
- c) Hugging your friend warmly and asking, "How are you doing?"
- d) Giving a friendly arm squeeze and saying, "So tell me what the kids are up to?"

2. When going out with friends, I would prefer to:

- a. Get a spa treatment so I look better than everyone else.
- b. Go with the flow. It's the time with friends that matters.
- c. Stay home.
- d. Make all the plans.

3. You're signing the credit card receipt after an indulgent shopping spree and you look at your signature and think:

- a. The first letter of each name is much larger than the others.
- b. It's a squiggle and a line, sometimes a line and a squiggle. But it always looks hot.
- c. Legible, straight I'm quite proud of my penmanship.
- d. Just an X - I have more important things to do.

4. You finally took the plunge and bought the car of your dreams. You just drove out of the dealership in your new:

- a. Custom Cooper Mini with vanity plates.
- b. Shiny, sporty red convertible.
- c. Grey hybrid sedan - -not too big and not too small, great gas mileage, and it never looks dirty.
- d. Black Mercedes with leather interior.

5. You are invited to a Howl-o-ween party, costume required. You:

- a. Show up as a glittery feather boa wearing

version of yourself.

- b. Throw together a last minute outfit knowing people will dig it no matter what.
 - c. Pull an all-nighter on the eve of the party and make your costume - a masterpiece, if you do say so yourself.
 - d. Pull out your trusty flight attendant or scout leader costume. Everyone liked it last year.
6. After a long day at work, I look forward to:
- a. Getting a pedicure - my dogs are barking!!
 - b. A good night's sleep.
 - c. Dinner with the family and a movie.
 - d. Taking my work home with me - it's got to get done.
7. My perfect meal would be:
- a. A fancy meal at the best fine dining establishment in town.
 - b. An all-you-can-eat buffet.
 - c. Thanksgiving dinner with the family.
 - d. Something that I can eat quickly and get back to work.
8. On a team, I am the:
- a. Cheerleader.
 - b. Defense.
 - c. Captain.
 - d. Volunteer for Booster Club.
9. My favorite dog movie is:
- a. Beverly Hills Chihuahua.
 - b. Turner and Hooch.
 - c. Homeward Bound
 - d. Benji.
10. My favorite thing is my:
- a. Jewelry.
 - b. Bed.

SUCCESS STORIES

Georgette and Sammy



My Mom Georgette Sinclair, adopted her cat Sammy from you several years ago. He was 9 years old and had been in many homes before hand. They bonded right away, and he provided love and comfort to her for many years. He was very sick towards the end of his life, as was she, but he held on as long as he could to be with her. Their love was obvious to anyone who saw them together. We are burying my Mom this week and will be also burying Sammy's ashes with her, as he passed only 2 days before she did. (We put him to sleep, as we could no longer control his pain but I am sure he would of held on until the end for her). I am writing this to you to let you and others know how much a pet can mean to an elderly person, and how much life, love and comfort a 'senior' cat can still provide. With sincere thanks for all you do - Maureen Sinclair

Dear CVHS -

It's been six months since we brought home our newest family members, Phinneas and Buffy. Finny is all kitten and just loves sitting in the windows and checking out the neighborhood comings and goings or playing with his "laser". Buffy, whose about 80% blind, took some time to adjust to her new surroundings but within a month was able to make her way up and down our stairs and on and off furniture like any other cat. With the birth of our son Silas two months ago, Buffy came out of her shell even more - sleeping exclusively in the nursery and coming to get us if he starts to cry. She's very much the mother hen (or cat)! Finny was used to being the "baby", so he took a little longer to come around. As you can see in the picture, it was only a matter of time before he realized the baby in mommy's belly that he used to sleep on is now out and ready for him to sleep with in a different way! We are so grateful to have such good siblings for Silas and look forward to sharing many memories with them as our family grows!

Emily & Jacob Bersin



Phinneas and Buffy



Trooper and Jennifer

Trooper, a Golden Retriever, arrived as a stray at CVHS at the beginning of May. Estimated to be 13 years old, Trooper was emaciated and covered with both masses and lesions. Both his rear legs suffered from severe muscle atrophy and, as a result, he had trouble walking. Despite his poor health, Trooper was still in good spirits. He was sent into "hospice care" with a member of the CVHS Board of Directors where he will live out the remainder of his life in comfort.- CVHS

Trooper has adjusted really well to life outside the shelter. He now has two other dogs to share his space with, but all are getting along well now after an initial period of adjustment. He is a very easygoing dog. All he really wants is to be in the same room with you, preferably with his head in your lap! He is still having problems walking and is much steadier on carpet or grass than on hardwood and tile, but he still gets around ok. Every once in a while he will bark to let us know he needs some help getting up. One of his very favorite things to do is lounge in the back yard and roll around on his back. We love having him around.

Jennifer Stauffis

DONOR SPOTLIGHT: Steve's

Accurate Auto

CVHS would like to send big, sloppy dog kisses to Steve and Jayme Chalifoux of Steve's Accurate Auto on 194 Littleworth Road in Madbury, NH for the numerous donations to keep our vehicles on the road. In the last few years, Steve's Accurate Auto not only donated \$1800.00 worth of in-kind donations, including inspections, but has also solicited a number of in-kind donations for parts and body repairs to keep our vehicles safe and legal. We would not have been able to continue our mission without their help. Please check them out at www.stevesaccurateauto.com or give them a call at 603-743-1444. They get the CVHS paw of approval!!!

MEMORIAL DONATIONS *Through June 30*

IN MEMORY OF...

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Blanche Lessard

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Allan and Mona Patterson

Eilenn Axworthy Conklin

Dean and Joanne Gates

Roland Barratt

Clifford and Elizabeth Barratt

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Gisela Haag

Tracy Diccico

Michelle Strand

Jason Senf

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Donations by Great Falls Veterinary Hospital in memory of their clients' beloved pets

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Charles Drost

Midnight

Richard and Melody LaDow

Magnum

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Norman and Lorrie Dionne

Fangio

Ron and Jeanne Bartell

Digga

Rubin Bradle

Ringo

John and Jennifer Reckmeyer

Smokey

Theodore Coussoule

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MEMORIALS, from Previous page

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Ivy

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Sasha

Mark and Donna Evans

Thai

Salvatore Longo

Linda Surette

Taz

Patrick and Gabriella Morse

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Rusty

Phillip and Donna Nay

Tucker

Ray and Missy Eagen

Spaz

Patrick and Gabrielle Morse

Jordan

Carl and Monique Warren

Penny

Elaine Katz and Family

Jenny

Nancy Ferguson

JC

Brian and Brenda Patterson

Gigi

Dorothy Osgood

Simba

Richard and Jill Lajoie

Tiger

Carol Berard

Bruiser

Colleen Callahan

Chubby

Linda Binder

Samson

Ray and Jane Allard

Aubrey

Lorrie Cook

Snowball

Louise Gay

Suzie

Howard and Lorraine Hughes

Layla

Ernest and Nancy Fleisher

Nikki

Fred Nadeau

Columba

Todd and Lori O'Brien

Daisy

John and Robin Davis

Spazzy

Roland and Susan Bradeen

Cinder

Patrick and Gabrielle Morse

Bear

Cathy Guilmette

Kate

Stephen and Susie Rondolph

Nakita

Linda Thibodeau

Pepe

Ralph and Christine Russo

Gracie

Raymond and Theresa Bilodeau

Bear

Melissa Tuttle

Corny

Bruce and Lorri Ferguson

Chloe

Mark and Barb Milliken

Honey

Chris Consalvo

Kathryn Bartlett

Daisy

Joe and Brooke LaDow

Sebastian

Tom and Ester French

Brandy

James Ducharme

Rufus

Bruce Dubois

Nillie

Bonnie Morin

Sammy

Lauren Fontaine

In Honor of a Person or Pet

Kaylee Ansell

Donaldo and Vanessa Trejo

Stacy Lapierre

Erik and Christine Boettcher

Brooke Marshall

Aniyah

Joel and Karen Schofield

Chris Bolton and Family

Jacqueline Coons

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Mr. and Mrs. Michael Collodi

Michael and Diane Hornblas

Dixie

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Rose Eppard

Jorge Arango

Good Boy

Arthur and Jo-Anne Stukas

MEMORIAL DONATIONS *Through June 30*

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Larry Cline

Max

Joyce Cooney

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Molly

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Fuzz

John Hill

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Harry

Marjorie Kile

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Hodeedleo

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Patricia Osment

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Madison

Pamela Dow

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Midnight

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Morpheus

Scott and Anne Pulsifer

Neil

Michelle Bunnemeyer

Peter Grulke

Peddy

Raymond Morse

Penny and Scottie

Morgan Gallagher

Pony Afghan Hound

James and Barbara Crosby

Popo

Jacob and Emily Bersin

Rosco

Michael and Sally Herlihy

Roy and Ziegfried

Beth Boylan

Shinzi

Therese Donnelly

Smokey

Penny Seaver

Sofie

John and Gay Clauson

Spanky

Marilyn Raymond

Spooky

James and Deborah Bruno

Spotti and Ziva

Jean LeBrun

Swayze

Walter and Constance King

Sydney

John and Gay Clauson

Tard

Joseph Lyman

Taz

Sandy Burkett

Vaughn

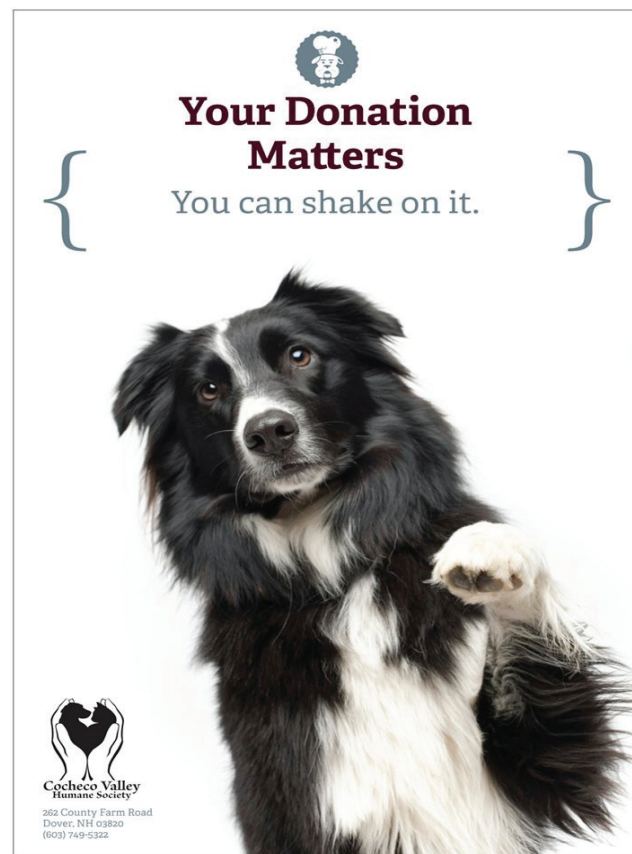
Joshua and Melanie Dame


Ziggy


Beth Boylan


CVHS STRIVES FOR ACCURACY in its Memorial Donations reporting.

If you do not see your name listed, please e-mail Nicole Pelletier at devmanager@cvhsonline.org, and we will make sure it is listed in the next edition of Give Me Shelter. Thank you very much for your support and understanding.




Your Donation Matters
You can shake on it.




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(603) 749-5322

Advocate *continued*

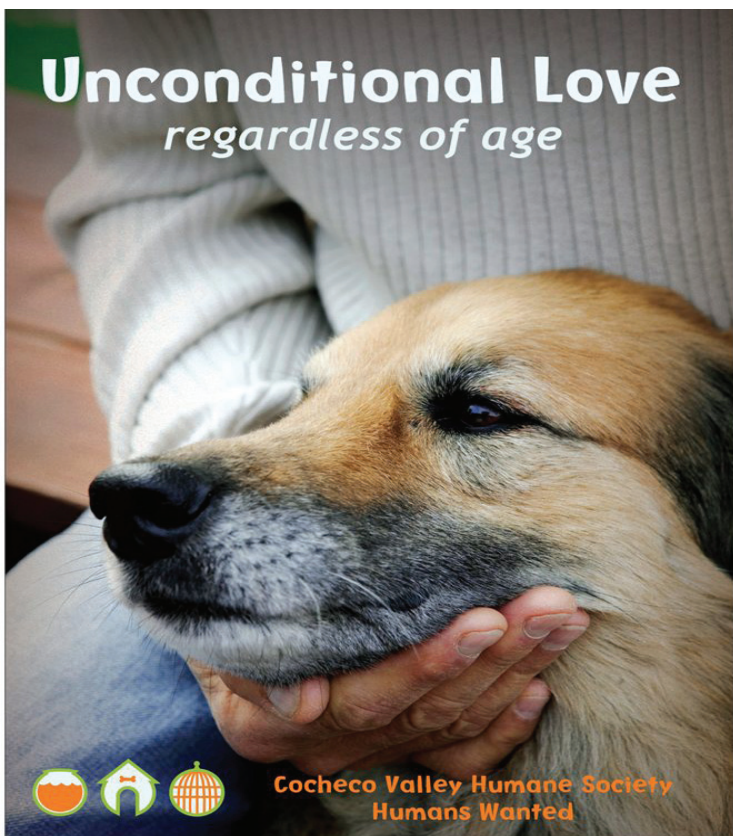
from ADVOCATE, page 11

underway and would not have been possible without the efforts of new CVHS board member and county employee, Carrie Lover. This program will improve the speed of basic animal care and allow more time for animal enrichment. Enrichment activities could be as simple as one-on-one time with cats or walking dogs.

Another exciting program is through the University of New Hampshire's Thompson School of Applied Science, who will also be working with CVHS by providing veterinary assistants and technician interns to assist in medical or behavioral care. Dr. Sarah Proctor, director of the veterinary technician program and

Dr. Michelle Posage, a veterinary behaviorist will be providing guidance to students and staff in the complexities of shelter medicine. Dr. Proctor also donates her time as the veterinarian of record for CVHS.

Approaches that unify resources into an attainable goal, such as the ones listed above are just some of the solutions we are working on to bring the community and our organization together to improve animal welfare. Together, we can make the changes needed. Animals need someone to be their voice. Just as it takes a village to raise a child, it takes a village to meet the needs of our domestic animals.



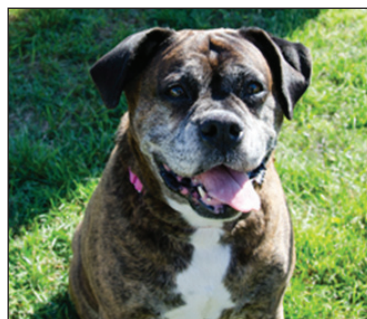
Unconditional Love
regardless of age

Cocheco Valley Humane Society
Humans Wanted



Personals

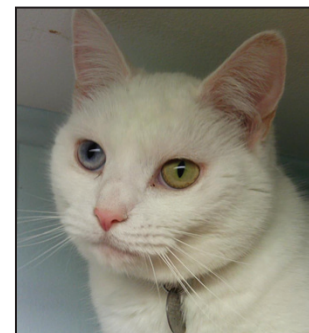
photos by Carabell Photo



WTR older SF seeks laidback lifestyle with couch privileges. I don't mind socializing with other species, including cats. Into cuddling and slow walks, I am also willing to assist in house cleaning if your children drop food on the floor. I've been told I am a Boxer-mix and qualify for a senior-dog adoption rate if you are interested. Take Care, Leila

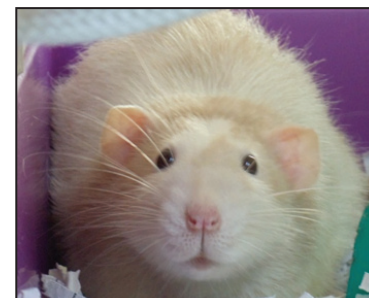
SWF seeks LTR.

It is our pleasure to present Anneliese, one of the many available singles currently at CVHS. Anneliese prefers other mature cats. She is shy at first around new humans, as she was left homeless on the streets after her last relationship. She is 2 years young with an adoption fee of \$17.76 during the month of July. Are you the human she has been waiting for?



Seeking FTA! Active and fit CattleDog / Labrador Retriever, 2 years old, NM, desires family with similar interests. Please be willing and able to invest time in helping me understand what this word "training" means. My last family left me here because they didn't have the time. I didn't even know it was an issue. If you are looking for a companion to explore the world or compete in dog sports- I'm the dog you have been waiting for! Thanks, Boo.

Ya, I know very funny, a rat in the personal section. At least I'm upfront about it. Why should cats and dogs have all the limelight? Rats make great companions, especially me, Ratatouille. I was abandoned down on a local boat dock. Some nice humans realized I just wasn't cut out for the wharf rat crowd and brought me to CVHS. Thank you - I was having a hard time pretending I wasn't domestic. There are nice rats out there ladies!



CODE KEY

WTR- Waiting to Retire
SF-Single Female
SWF- Single White Female

LTR- Long Term Relationship
FTA- Fun Travel Adventure
NM- Neutered Male

BINGO *continued*

BINGO, from page 10



Hardway Bingo: Bingo in a straight line without the use of the center free space

Jackpot: Awarded for completing a difficult pattern (usually a coverall) within a specified number of balls

Progressive Jackpot: Same as a jackpot, except a progressive jackpot gets bigger each week until someone wins it

Wild Number: When a game involves a wild number, the first ball called determines what that wild number will be. If the number 32 is drawn, all numbers ending in 2 can be marked off, as well.

Round Robin: A Bingo pattern that requires players to cover all the spaces on the outer rim of the card.

THE EIGHT LEGGED MONSTER: Deer Ticks

by Tracie Winslow, CVHS Medical Manager

Lyme disease, named for the Connecticut town of Lyme, is transmitted to domestic animals by the deer tick (*Ixodes scapularis*). Lyme disease was first reported in the 70's and became recognized as one of the most common vector-borne diseases impacting humans and dogs. Lyme disease begins as a bacteria named *Borrelia burgdorferi* (also known as a spirochete) which is carried by ticks. This bacteria most commonly lives in mice, deer, and other small animals. The ticks then carry this bacteria and transmit to their host. Lyme disease is only transmitted to animals and people via an infected tick. Ticks wait in the grass for a host to pass by and attach themselves to you and your pets.

Most research has found that the tick requires 24-48 hours of attachment on the host to transmit the bacteria. Most commonly Lyme disease presents in your dog with lameness, pain, swelling of joints, fever, lack of appetite, and lethargy. Your veterinarian can provide a simple blood test to see if your dog has been exposed to Lyme disease.

Most veterinarians will recommend that your dog receives a yearly Lyme vaccine. In addition to the vaccine, your veterinary office sells tick control products to help prevent ticks from having a blood meal on your dog. One of the most important things that you can do for yourself and your pets is early detection. Always be sure to check yourself and your pets following time spent outside. Summer is a wonderful time to enjoy the outdoors with your 4 legged family members, but always remember just as the country song says "I'd like to check you for ticks".

Most research has found that the tick requires 24-48 hours of attachment on the host to transmit the bacteria. Most commonly Lyme disease presents in your dog with lameness, pain, swelling of joints, fever, lack of appetite, and lethargy.

What kind of dog are you? *continued...*

WHAT KIND, from page 12

- c. Family.
- d. Wii.

Now add up your points.

- A's = 5 points
- B's = 4 points
- C's = 3 points
- D's = 2 points

44- 50 points

You are a Poodle. You are like, so totally a diva, you know?! You love to fall in love and you spend all of your time looking good and tossing your beautiful hair. Life is all about you and what needs to be done to

always be the center of attention. Anyone who hangs out with you better be ready for the maintenance. And you deserve it- you're fabulous!

36-43 points

You are a Husky. You are a big strong dog that quite a lot of people find imposing. But you don't mind being intimidating at all. Why not? The world needs people like you to take a stand on the good side and fight for the little guy. You are rough and tumble and like to have fun. You have a lot of confidence and charisma. You're a husky and you

just can't help yourself from having a good time!

28-35 points

You are a Labrador. You are a crime fighter and lover! You are just waiting for your chance to get involved and help out. You excel at jobs that allow you to use your skills and you love knowing you've done a good job. You often use your keen senses to be a problem solver. You love being appreciated and family comes first! Yes, we know you're wonderful, now stop kissing everyone already!

20-27 points

You are a Jack Russell Terrier. You are the average Joe kind of person who doesn't mind a laugh and loves a good puzzle. You've got a lot of energy and you're a hard worker. You love fun, but aren't turned off by a challenge. If you stand up for yourself more often you'll be surprised with the respect you earn. Fight for the little people is your new motto. Find your inner big dog. Hopefully you'll have time to enjoy this newsletter before you're back at work!

the time is now



PARADE YOUR POOCH

Register you or your team for CVHS's upcoming annual dog walk!

Cocheco Valley Humane Society
Parade Your Pooch — Registration and Pledge Form

NAME: _____ **PHONE: (H)** _____ **(W)** _____

ADDRESS _____ **CITY:** _____ **ST.** _____ **ZIP** _____

E-MAIL: _____ **DOG'S RABIES TAG NO:** _____ **TEAM NAME:** _____

I, and on behalf of my heirs, successors, and assigns, assume any and all risks associated with the Parade Your Pooch Dog Walk and Craft Fair, and waive and release any and all rights and claims against Cocheco Valley Humane Society, its agents and representatives, and any others connected with the event for injuries and damages of any kind suffered by myself or my animal. I grant permission to any and all use of photographs, motion pictures, videotapes, and any record to Cocheco Valley Humane Society.

SIGNATURE: _____ **DATE:** _____ **D.O.B:** _____

This MUST be signed to participate. (Signature of parent of guardian if participant is under 18)

NAME	ADDRESS • CITY • STATE • ZIP	E-MAIL	CHECK	CASH	DONATION
<input type="checkbox"/> I adopted my dog from CVHS					
Does your company match? Company information:					

NOTE: Teams may make copies of this registration form to distribute among members

You may also pre-register by mail or online at our website: www.cvhsonline.org. If mailing, please mail this completed form with pledges and registration fee by October 1, 2012 to: CVHS, 262 County Farm Road, Dover, NH 03820. You may also bring pledges and this form with you to the walk and turn them in at the registration table. Any questions? Please call 603-749-5322, ext 113 or e-mail devmanager@cvhsonline.org.

OCTOBER 7 • DeMERITT HILL FARM • LEE, NH

Cocheco Valley Humane Society
262 County Farm Road
Dover, NH 03820

About Cocheco Valley Humane Society

Cocheco Valley Humane Society (CVHS) is a community-funded nonprofit organization dedicated to promoting the humane treatment of animals in Strafford County, NH and Southern Maine. Every year, we provide a safe haven to more than 2,300 surrendered, lost, abused, neglected, or unwanted animals. Our mission is to provide quality, compassionate care and shelter to our animals, in partnership with education the community concerning animal treatment and welfare.

CVHS is only as strong as the support we receive from our community. There are several ways individuals, organizations, and businesses can help us sustain our mission.

JOIN US

Become a supporter:

- Support our mission financially
- Donate goods or services
- Sponsor an event
- Host a donation bank
- Host a fundraiser, supply drive, or off-site adoption

Volunteer:

- Help provide care, socialization and love to our animals
- Become a foster parent
- Join a CVHS committee
- Assist with community outreach and fundraising events

For information on how to support the animals of CVHS, visit our website: cvhsonline.org. Or call 603.749.5322 Ext. 113