

Making a Difference

The following children put their birthday wants aside and selflessly asked friends and family to give donations to the animals in lieu of getting presents. Thank you to each of these caring, compassionate young people. You are the future of a more humane community.

Danielle Young of Dover, NH
Jane and Kate Spear of Dover, NH
Alexis Oberg of Somersworth, NH
Logan Eighmey of Barrington, NH



Employee of the Month

An employee who has gone above and beyond in support of the mission of the shelter and has stepped up and given more than just what is expected of them.

2009	March - Alisha Capello
November - Carlene Lapierre	April - Laura Clark
December - Karen Fogarty	June - Annaliese Matteson
2010	July - Luke Zagar
January - Alaina Goodnough	August - Randi Cummings
February - Kristin Halsey	September - Jenny Pratt
	October - Sarah Keener

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Full page: \$400 - size: 12.5" high x 9.5" wide

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Front page advertising is limited to 1" x 2.5" full color box for \$50.
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CHVS News is published three times a year.

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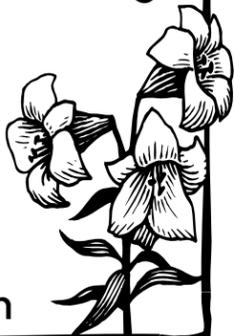
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"Best Friends"

Continued from front page

"Best Friends!"

By Karen Zaramba



Stella at the shelter (aka Monkey)

When Martha Hewitt asked me to write about my experiences as an "adopter" from Cocheco Valley Humane Society ("CVHS"), it started me thinking about how pets insinuate themselves into our lives. Sometimes it is planned, but usually, like many life events, it is an opportunistic or chance event that we embrace. My experience with CVHS has been no different.

I always had dogs (and a cat) growing up and as an adult, and wanted to rekindle that relationship. I didn't start down the path of dog ownership as a shelter supporter. As chance would have it, I got my first dog from my mom's co-worker.

She had a litter of collie puppies. Who could resist such a cute ball of fur and hence I acquired "Ginger." After "Ginger" passed a few years later, I fell in love with the breed of Bernese Mountain dogs, and became "mom" to three wonderful companions. But after dealing with many years of multiple and very expensive medical issues, I learned some of the drawbacks of owning purebreds. It was around this time that

I was honored to be asked to join the Board of CVHS. After my first visit meeting with the staff and touring the facility, I was thrilled to have the opportunity to help. What I found is a wonderful and caring staff that pours their hearts out each and every day. I was ready to help any way I could.

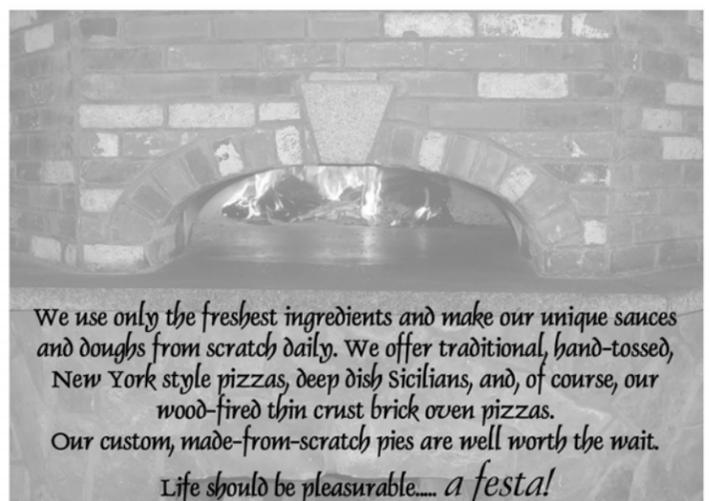


Camilla at the shelter

So how did my first chance encounter occur? Stella, aka "Monkey" was a cute little puppy



To feast....To celebrate....Come Join Us!



We use only the freshest ingredients and make our unique sauces and doughs from scratch daily. We offer traditional, hand-tossed, New York style pizzas, deep dish Sicilians, and, of course, our wood-fired thin crust brick oven pizzas. Our custom, made-from-scratch pies are well worth the wait. Life should be pleasurable.... a festa!

*La Festa Brick & Brew Pizzeria
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Life Should Be Good

Hi,
I just wanted to give you an update on how Misa is doing. We added her to our family in March and she made herself right at home. This was a first pet for my son. The two of them are best buddies. He will line up his army men and she will sit across from him and knock them all down. She has full run of the house. She has put on a few pounds and is happy and well loved. She loves to snuggle and have her tummy rubbed.

- Tracy and Stephen



Misa Relaxing at Home

From Stray to Therapy Dog!

In May of 2009 a black fuzzy dog was found wandering in Farmington, NH. The ACO brought her to Cochecho Valley Humane Society on May 15th and that is where this story begins.

The staff named her "Lady Bug" and she was an immediate Champion Fund Candidate. Lady Bug's ears were badly infected and extremely painful. Her earflaps had crusty patches everywhere from hours of scratching to relieve the itch. She needed expensive surgery to correct the problem and to ease the pain. Within the week, Anne a volunteer met Lady Bug. She saw the sign posted on the kennel asking



Ladybug at the shelter

for donations to the Champion fund so the surgery could be scheduled. Anne immediately thought: Lady Bug will need a foster home for the surgery and Moses her rescued Golden Retriever had been in need of a buddy for over a year – maybe this would be a match?

Moses met Lady Bug the very next week and they got along very well, so the Shelter Manager approved Anne as a foster home. Meanwhile, Anne had told many of her friends about Lady Bug and in no time the donations came in and the surgery was scheduled!

The surgeries were painful, but Lady Bug was a trooper. She would be a "conehead" for many weeks, so Anne contacted a woman in Arizona who makes soft quilted "Liz Collars" for dogs. Lady Bug wore that collar for weeks. It could be washed and dried and was easy to put on and it was very stylish! On August 4, 2009 Anne "officially" adopted



Moses and Katy (aka Ladybug)

Lady Bug, now named "Kady".

Miss Kady went on to take 2 levels of obedience training and two levels of Agility training. She loves to run on the See-saw and A-

Frame! She also became an AKC Canine Good Citizen and a Certified Therapy Dog. She currently visits regularly at Riverwoods of Exeter. She can be seen in the CVHS Kissing Dog booths at various shelter events. She is a great ambassador for shelter dogs of all kinds!

One spring day a dog was lost; and that summer a dog found a home. Thank you to everyone at CVHS. You are the canine "Match.com"!

- Anne L. Surman
In appreciation to everyone at CVHS!

If you'd like to share your adopted pet's story here, please send it with a photo via email to cvhs@cvhsonline.org



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for educating our supporters on
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See website for more related info
www.mulhernlaw.com

Stay tuned for future educational opportunities through CVHS

Summer Sun & Fun Craft Festival

Thank you to the Sponsors

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A special thank you to
The Calef Family,
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For the use of their properties

NEW BIN at Shelter
Turn clothes and shoes into a cash donation.



CVHS receives quarterly donation based on weight of bin.

Dropping your unwanted clothing items in one of Planet Aid's yellow bins extends their useful life keeps them out of our landfills and creates sustainable development and economic opportunity world wide.



DOG FRIENDLY PARKS & TRAIL

- Dover**-Long Hill Park
- Rochester**- Dog Park on Taylor Ave, Pickering Pond, Islington Glass trails, Hanson Pines.
- Durham**- Adams Point, Wagon Hill Farm and town trails.
- Somersworth**- All parks are dog friendly.
- Barrington**- Trails at The Town Forest .
- Lee**- Demeritt Hill Farm has 2 miles of trails.
- Portsmouth**- Dog Park in South Mill Park, Urban Forestry Center and Pierce Island away from picnic area.
- Kittery**- Fort Foster.
- Berwick**- Memorial Field.

**Leashes often required

The Importance of Exercise

By Sue Carney,
Real Life Canine Academy

For any breed, exercise is extremely important. Think about what your dogs breed is and what he was meant to do. Was he bred to be a hunter? A herder? When we keep our dogs as non working pets, they do not get as much exercise as they require. This results in boredom. When a dog is bored he develops all kinds of bad behaviors like; destructive, reactive and excessive barking.

Everyone works and every family is gone for long work days. So, make sure you give your dog a good daily workout before you leave. Both mental and physical work is necessary and great stimulation. Mental work can be the equivalent of a 2 miles run! So, give your dog something to do while you are not home. Interactive toys like Kong's are great ways to get his brain working. Stuff the Kong with peanut butter

and freeze it over night, making it more difficult to get the peanut butter out! Ice toys are also a great idea: fill a bowl with water, throw in treats, toys, carrots a spoonful of peanut butter; freeze it for a few hours, run it under hot water to pop it out and Voila! You've got yourself an interactive toy that will keep your dog busy for hours!

Agility is something to think about for a dog with high energy and a need for speed. Any sort of problem solving really gets their brain working in over time.

Dog backpacks are great for any dog that just doesn't tire easily, especially for working breeds.) Add your keys, bottle water or a few jars of pickles (evenly distributed), making the walk take on a whole different meaning and giving your dog a job. Of course the key to this is to make the back pack positive and fun first. So, please don't slap it on, throw in the weighted items and go for your first walk without an introduction. Teach your dog to be comfortable first by putting the back pack on him empty. Reward him and walk around the house. Take it off and the next

COCHECO VALLEY HUMANE SOCIETY
is proud to participate in
Iams' Home for the Holidays Pet Adoption Campaign of 2010.
Joining forces with over 3,500 shelters to help find loving homes for 1.5 Million homeless pets this holiday season
Spread the joy of pet adoption and make them all have a happy home this holiday season!

Iams Home
for the Holidays



time keep it on longer, walk outside and reward. Then tighten and correct the fittings, add something with a bit of weight and walk. Be sure to reward with praise, petting and a few treats. Once your dog is comfortable wearing it around the house and outside; try going for a short walk. Then on your next walk, add something heavier and leave it on longer. Again, make sure that the weights are even on both sides of the backpack!

If you are a bike rider consider taking your dog with you. There is a great bike / leash attachment made with springs to help with pulling. Of course make sure your dog is comfortable walking and running

next to a bike and be patient with training. Slowly introduce the bike first, then, get closer and closer while walking the bike. Ask for assistance by a family member to ride the bike while you run next to it. Attach the dog to the bike only when he is comfortable being close and you have taken all the steps to ensure his and your safety.

If your dog is one who pulls mostly on the way away from the house on your walks-try going in your backyard and playing a quick game of fetch before going for a walk. This will get that extra pent up energy out and will make your loose leash training a lot easier!

Thank you to the sponsors of this year's 16th Annual Walk for the Animals

The Veterinary Emergency, Critical Care & Cancer Treatment Center of NH

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~ Thank you to our top pledge collectors ~

Adult individual: Bethany Bryan

Youth individuals: Jordyn Pollard, Morgan Johnson

Adult team: Yellow Dog's Barn

The event raised \$30,000 for the animals!

Upcoming Events

Black Tie & Tails Gala Friday, November 5th

at The Red Barn at Outlook Farm, South Berwick, ME.
See front page for details

Save the date!



See Us at the Mall this Holiday Season!

Every Saturday and Sunday during November and December 2010, Cocheco Valley Humane Society will have an information table and volunteers with their dogs at the **JC Penney** mall entrance at the Fox Run Mall in Newington.



We thank JC Penney for generously welcoming the shelter every year to help fundraising efforts during the holiday shopping season.

CVHS merchandise and pet-related products will be available for purchase. 100% of sales goes directly to the care of the animals. Be sure to stop by whenever you're at the mall!

14th Annual
Creature Comforts Dessert Tasting
& Silent Auction
Sunday March 20, 2011 ~ 1 pm to 4 pm

Decadent Desserts, Fine Artisan, Chocolates
Live & Silent Auction For More information www.cvhsonline.org

Save the date!



Save the date!



Sunday, June 12, 2011 10 am to 4 pm
Strafford County Court House

Join us in our 17th annual Walk for the Animals! Support the animals by collecting pledges. Don't miss the fun dog contests, entertainment, the "Barkin' Market" featuring pet related businesses, and the parade of dogs.

Attention Artists!

Drawing contest for the 2011 Paws in the Park event poster.
Entries must be submitted to the shelter by May 1, 2011
Entries may be no bigger than 8 1/2 X 11. All talent levels encouraged.

Sponsorship Opportunities Available. Please call: (603)749-5322 ext

*Please Remember
The Animals
In Your
Estate Plan!*



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Behavior Classes

Real Life 1 - A great beginner class for the newly adopted dog or owner that needs direction to solve some basic behavior problems.
Teaches: sit, down, stay, wait, off, come, leave it, loose leash walking and dog to dog greetings!

Real Life 2 - For graduates of Real Life 1 or dogs (and owners) that are not beginners and need a bit of polishing. A great class to prepare for CGC.
Polishes: stay, wait, heel, leave it and teaches place and settle!



For more information or to register for a class call:
(603) 320-2969

Adopt a Home

Have you ever wondered how you could remember or recognize a loved one, whether it is two or four legged or feathered, in a unique way? Or perhaps you want to show your support of what we do for the animals. Cocheco Valley Humane Society is now offering a special naming opportunity.

Sponsor a temporary home for the many animals that come through our doors. Through your sponsorship we will be able to continue to care for these animals.

When you pledge your support of one of our kennels, your name will appear as one of four sponsors of the residence and the animal inside for a year. You may personalize your recognition plaque up to 23 letters or spaces per line, 3 lines maximum.

___ \$60.00/year for Small Animals

___ \$120.00/year for a Cat Cage

___ \$240.00/year for a Dog Kennel

Name _____

Address _____

City _____ State _____ Zip _____

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Enclosed is the amount of \$_____ Check ___ MC ___ VISA ___

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Your Personalized Text (max. 23 letters/line)

Offsite Adoptions in the Community Sat & Sun*

Pawsitive Steps, Eliot, ME
PetCo, Dover, NH
Club Canine, Portsmouth, NH
Pet Junction, Somersworth, NH
PetCo, Newington, NH

*For details visit our website or call (603) 749-5322.